

WINTER

2014

AHSAASM

ALABAMA HIGH SCHOOL ATHLETIC ASSOCIATION

2013-14 Sports Calendar

Sports	First Practice	First Contest	End Of Season	Contests Allowed*	Tournaments Allowed+
F A L L					
Volleyball Varsity Jr. High/Middle	Aug. 5 Aug. 5	Aug. 29 Aug. 29	Oct. 31 Oct. 12	15 dates 10 dates	weekends only++ weekends only++
Football Varsity Jr. High/Middle	Aug. 5 Aug. 5	Aug. 29 Aug. 29	Dec. 6 Nov. 2	10 8	n/a n/a
Cross Country Varsity Jr. High/Middle	Aug. 5 Aug. 5	Aug. 29 Aug. 29	Nov. 9 Oct. 26	10 8	n/a n/a
Swimming	Aug. 5	Aug. 29	Dec. 7	8	n/a
W I N T E R					
Basketball Girls Varsity Boys Varsity Jr. High/Middle	Oct. 14 Oct. 14 Sept. 16	Nov. 4 Nov. 4 Oct. 7	March 1 March 1 Feb. 1	20 20 16	3 3 3
Wrestling Varsity Jr. High/Middle	Oct. 28 Oct. 21	Nov. 18 Nov. 11	Feb. 15 Feb. 6	14 dates 8 dates	weekends only++ weekends only++
Indoor Track Varsity Jr. High/Middle	Nov. 15 Nov. 15	Dec. 6 Dec. 6	Feb. 1 Jan. 25	4 3	1 holiday meet++ 1 holiday meet++
S P R I N G					
Tennis Girls Varsity Boys Varsity Jr. High/Middle	Jan. 13 Jan. 13 Jan. 13	Feb. 3 Feb. 3 Feb. 10	April 25 April 25 April 12	18 dates 18 dates 10 dates	3 3 2
Soccer Varsity Jr. High/Middle	Jan. 20 Jan. 20	Feb. 10 Feb. 10	May 10 April 25	18 (1A-4A, 6A) 20 (5A) 14	2 ^ 2 ^
Softball (throwing 1-6**) Varsity Jr. High/Middle	Jan. 27 Jan. 27	Feb. 17 Feb. 17	May 17 April 25	18 games 14 games	7 5
Baseball (throwing 1-6**) Varsity Jr. High/Middle	Jan. 27 Jan. 27	Feb. 17 Feb. 17	May 17 April 17	18 dates 14 dates	2 2
Golf Girls Varsity Boys Varsity Jr. High/Middle	Jan. 27 Jan. 27 Jan. 27	Feb. 17 Feb. 17 Feb. 17	May 17 May 17 April 26	14 dates 14 dates 8 dates	Only weekday tourneys included in playing dates.
Outdoor Track Varsity Jr. High/Middle	Feb. 7 Feb. 7	Feb. 28 Feb. 28	May 3 April 24	10 8	n/a n/a
KEYS & EXPLANATIONS					
*=Includes only regular season contests per school. **Throwing conditioning (gloves & balls only) +=Not counted as playing dates. +++=Must be held with no loss of school time n/a=Not applicable ^ Third soccer tournament allowed (no loss of school time) with each match counting as a regular season match.					
NOTE: In all sports, a team's season ends when the team is eliminated in the state championship program. A team's season begins the day of its first contest in that sport.					

WINTER SPORTS 2014

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Alabama High School Athletic Association

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Contents

Topic	Page
BASKETBALL	
The Championship Program	5
Area Alignment	7
Special Rules	19
Cheerleading	19
Artificial Noisemakers	20
Gym Criteria	20
Seeding-Drawing Meeting	21
Tiebreaking Procedure	23
Admission Regulations	25
Tournament Officials	25
Awards	26
Area Tournaments	26
Sub-Regional Games	28
Sub-Regional Pairings	30
Regional Tournaments	33
Regional Brackets	34
Final 48 Championships	42
Final 48 Brackets	43
WRESTLING	
The Championship Program	47
Weight Certification Program	48
Officiating Fees	52
Super Section Alignment	53
Super Section Tournaments	54
State Tournament	56
INDOOR TRACK	
The Championship Program	61
Special Rules	63
State Meet	65
Schedule	66

PLAY BY THE RULES

Mutual agreements to violate NFHS playing rules or AHSAA rules are not permitted and may result in the suspension of the schools involved. Protests of high school athletic contests are not recognized by the NFHS and the AHSAA unless specifically provided by the NFHS Rules code in a particular sport.

PARTICIPATION REMINDER

A school that sponsors a team or an individual in any sport competition and elects not to participate in the championship program is subject to penalty, which could include suspension from championship play for the remainder of the classification period.

FILMING AND TAPING

A school shall not video tape nor film any contest in which it is not involved unless it has received permission from both participating schools.

HOST SCHOOL'S RESPONSIBILITY

It will be the responsibility of the host school to make certain the visiting team fans have a separate, designated place to sit, free from any harassment of home fans. In cases where this is prohibitive because of the facilities, the host school assumes responsibility of providing adequate security to prevent such harassment. Also the host school must provide adequate security for game officials.

Shaded areas indicate major changes from the 2013 book.

BASKETBALL



Coaches Basketball Committee
(Listed By Districts)

(1) Jeb Blackerby, Baker; Charlie Shipp, Davidson. (2) Janasky Fleming, Northview; Scott Kinsaul, Straughn; Bi-District – Richard Dorsey, Luverne. (3) Woodie Jackson, Selma; Eric Bailey, Maplesville. (4) Stephen Davis, Smiths Station; Devin Booth, Opelika; Bi-District – Joe Belyeu, Central-Coosa. (5) George Hatchett, Vestavia Hills; Tiffany Frederick, Hoover. (6) Doug Ward, Cleburne County; Jeremy Brooks, Gadsden City; Bi-District – Sheroderick Smith, Winterboro. (7) Patrick Odom, Shoals Christian; Donnie Roberts, Red Bay. (8) Patrick Harding, Albertville; Carey Ellison, Pisgah; Bi-District – Anthony Montague, Madison County.

The Championship Program

First Practice—Oct. 14 First Contest—Nov. 4

Online Requirements For All Sports

POSTING SCHEDULES

Schools must post season schedules on the AHSAA website in the Members' Area by the deadline dates listed below. Failure to do so could result in a fine assessed to the school. Schools may go online and make any changes immediately as they occur.

Deadlines for posting schedules:

April 1 — fall sports (football only)

June 2 — fall sports (volleyball, cross country, swimming & diving)

Sept. 16 — winter sports (wrestling, basketball, indoor track)

Jan. 15 — spring sports (baseball, softball, outdoor track, soccer, golf, tennis)

POSTING ROSTERS

Schools are required to post team rosters prior to its first contest of the season.

POSTING SCORES

Schools are also required to post scores of contests online immediately following all contests in the regular season (and within 24 hours after regular season tournaments) and in the playoffs or be subject to a fine.

In the post-season playoffs, failure to report scores immediately after a contest will subject the school to a fine.

1. Senior high schools are divided into six classifications - 1A, 2A, 3A, 4A, 5A and 6A. Each classification is divided into 16 areas with a minimum of three and a maximum of six schools in each area. The alignment of schools is the same for both the boys and girls programs.
2. Schools are permitted to play 20 regular season games and three tournaments prior to area, sub-regional, regional and State Finals play. Two of the three tournaments permitted during the regular season must be held during school holiday periods. Other than the three allowable tournaments, a four-team single elimination tournament on Friday and Saturday (or Saturday only) with no loss of school time may count as two regular season games.

Each junior high or middle school is limited to 16 regular season games and three tournaments. One of the tournaments must be held during a school holiday period. Other than the three allowable tournaments, a four-team single elimination tournament on Friday and Saturday (or Saturday only) with no loss of school time may count as two regular season games.

Note: A tournament is defined as an organized competition in a sport that finally results in determining a champion. In basketball, tournaments using elimination and round-robin formats may be sanctioned. A tournament must involve three or more teams and is usually played at one site.

3. All participants must be eligible under AHSAA rules.
4. All games will be conducted under National Federation rules, including the conduct rules for participants. The conduct of coaches falls under the AHSAA Conduct Rule.
5. During regular season games only, at all levels of competition, a running clock will be used when a team has a 30-point advantage in the fourth quarter. The running clock remains in effect for the remainder of the contest.
6. Spring basketball practice is permitted for a maximum of 5 days during any consecutive 10 school day calendar period any time during the second semester. Spring holidays will not be counted as calendar days for schools that do not use these days to conduct spring practice.
7. It is the responsibility of each member school to make sure all officials and clock operators used are registered with the AHSAA. Please see officials' fee information on page 29.
8. Scorekeepers for regular season, area and playoff varsity games must be at least 18 years of age and must wear a black and white, vertically striped shirt. A student scorekeeper must be a senior and meet the age requirement.
9. Clock operators for regular season, area and playoff varsity games must be registered with the AHSAA and be at least 19 years of age. Clock operators for junior high and middle school games must be 17 years of age.

Area Alignment

CLASS 1A

AREA 1

Coordinator: David Miller,
Marengo

J.U. Blacksher
Fruitdale
Marengo
McIntosh
Saint Luke's

AREA 2

Coordinator: Rodney Nichols,
Pleasant Home

Floral
Geneva County
Kinston
Pleasant Home

AREA 3

Coordinator: Dodd Hawthorne,
Brantley

Brantley
Georgiana
McKenzie
Red Level
J.F. Shields

AREA 4

Coordinator: Lepolean Peterson,
A.L. Johnson

Akron
John Essex
A.L. Johnson
Linden
Sunshine

AREA 5

Coordinator: Maggie Hicks,
Maplesville

Autaugaville
Billingsley
Ellwood Christian
Keith
Maplesville

AREA 6

Coordinator: Jim Wilkerson,
Loachapoka

Loachapoka
Notasulga
Saint Jude
Verbena
Wadley

AREA 7

Coordinator: Craig Bates,
Winterboro

Alabama Sch. For Deaf
Fayetteville
Talladega Co. Central
Westminster-Oak Mtn.
Winterboro

AREA 8

Coordinator: Tim Dunavant,
Hubbertville

Berry
Holy Spirit
Hubbertville
Pickens County
South Lamar

AREA 9

Coordinator: Mark Hitt,
Appalachian

Appalachian
Jefferson Christian
Parkway Christian
Shades Mtn. Christian
Southeastern

AREA 11

Coordinator: Bruce Maples,
Woodville

Skyline
Paint Rock Valley
Valley Head
Whitesburg Christian
Woodville

AREA 13

Coordinator: Jack Hayes,
Brilliant

Brilliant
Lynn
Marion County
Parrish
Sumiton Christian

AREA 15

Coordinator: John Hardin,
Hackleburg

Belgreen
Hackleburg
Phillips
Tharptown
Vina

AREA 10

Coordinator: Mike Welsh,
Spring Garden

Cedar Bluff
Collinsville
Coosa Christian
Gaylesville
Spring Garden

AREA 12

Coordinator: Roger Wilkinson,
Ragland

Donoho
Faith Christian
Jacksonville Christian
Ragland
Sacred Heart

AREA 14

Coordinator: Keith Wilemon,
Falkville

Addison
Decatur Heritage
Falkville
Meek
Saint Bernard

AREA 16

Coordinator: Tom Hughes,
Shoals Christian

Athens Bible
Covenant Christian
R.A. Hubbard
Shoals Christian
Waterloo

CLASS 2A

AREA 1

Coordinator: David Wofford,
Washington Co.
Flomaton
Leroy
Mobile Christian
Washington County

AREA 3

Coordinator: Scott Stephens,
Houston Co.
Cottonwood
Houston Academy
Houston County
Providence Christian

AREA 5

Coordinator: John Carter,
Millry
Choctaw County
Millry
Southern Choctaw
Sweet Water

AREA 7

Coordinator: Richard McCray,
Hale Co.
Aliceville
Francis Marion
Hale County
R.C. Hatch

AREA 2

Coordinator: Rodney Smith,
Elba
Elba
Goshen
New Brockton
Zion Chapel

AREA 4

Coordinator: Jason Steed,
G.W. Long
Ariton
G. W. Long
Samson
Wicksburg

AREA 6

Coordinator: Kenneth Fair,
Calhoun
Calhoun
Central-Hayneville
Highland Home
Luverne

AREA 8

Coordinator: Tom Cochran,
Reeltown
Isabella
Montgomery Academy
Prattville Christian
Reeltown

AREA 9

Coordinator: Casey Davis,
Horseshoe Bend
Horseshoe Bend
Lafayette
Lanett
Randolph County

AREA 11

Coordinator: Craig Shoemaker,
West End
Gaston
Sand Rock
Westbrook Christian
West End

AREA 13

Coordinator: Dr. Stephanie Robinson,
Fultondale
Altamont
Fultondale
Holy Family
Victory Christian
Vincent

AREA 15

Coordinator: Billy Owens,
Tanner
Hatton
Lexington
Sheffield
Tanner

AREA 10

Coordinator: Donald Birchfield,
Woodland
Ohatcee
Pleasant Valley
Ranburne
Walter Wellborn
Woodland

AREA 12

Coordinator: Ricky Bryant,
Fyffe
Asbury
Fyffe
Ider
North Sand Mountain
Section

AREA 14

Coordinator: Tommy Youngblood,
Cold Springs
Cold Springs
Lamar County
Oakman
Sulligent

AREA 16

Coordinator: Kenny Sparks,
Red Bay
Cherokee
Colbert Heights
Phil Campbell
Red Bay

CLASS 3A

AREA 1

Coordinator: Mary Bell,
T.R. Miller

Bayside Academy
Cottage Hill Christian
T.R. Miller
W.S. Neal

AREA 2

Coordinator: Clarence Jackson,
Southside-Selma

Excel
Opp
Southside-Selma
Straughn

AREA 3

Coordinator: Michael McDuffie,
Daleville

Dale County
Daleville
Geneva
Slocomb

AREA 4

Coordinator: Clarence Magee,
Barbour Co.

Abbeville
Barbour County
Montomery Catholic
Pike County

AREA 5

Coordinator: Keith Bullard,
Central-Coosa

B.B. Comer
Central-Coosa
Thorsby
Trinity Presbyterian

AREA 6

Coordinator: Kenneth Holder,
Gordo

Gordo
Greene County
Greensboro
Sipsey Valley

AREA 7

Coordinator: Neal Guy,
Holt

American Christian
Fayette County
Holt
Northside

AREA 8

Coordinator: Mike Turner,
Leeds

Indian Springs
Leeds
Midfield
Montevallo
Tarrant

AREA 9

Coordinator: Charlton Giles,
Glencoe

Ashville
Cleveland
Glencoe
Susan Moore

AREA 11

Coordinator: Mark Guffey,
Pisgah

Geraldine
Pisgah
Plainview
Sylvania

AREA 13

Coordinator: Gilmer Ellis,
Danville

Danville
Good Hope
Hanceville
Vinemont

AREA 15

Coordinator: Keith Harris,
West Morgan

Elkmont
Madison Academy
West Morgan
Westminster Christian

AREA 10

Coordinator: Jerry Snow,
Piedmont

Piedmont
Saks
Weaver
White Plains

AREA 12

Coordinator: Kim Butler,
Holly Pond

Brindlee Mountain
Holly Pond
J.B. Pennington
New Hope

AREA 14

Coordinator: Jeff Cole,
Winston Co.

Cordova
Hamilton
Winfield
Winston County

AREA 16

Coordinator: Melcha Satchel,
Colbert Co.

Clements
Colbert County
Deshler
Lauderdale County
Mars Hill Bible

CLASS 4A

AREA 1

Coordinator: Kyle Ferguson,
Thomasville

Clarke County
Escambia County
Thomasville
UMS-Wright

AREA 2

Coordinator: Daniel Shakespeare,
Andalusia

Andalusia
Hillcrest-Evergreen
Monroe County
Wilcox Central

AREA 3

Coordinator: Boyd English,
Charles Henderson

Ashford
Bullock County
Charles Henderson
Headland

AREA 4

Coordinator: Brian Oliver,
Saint James

Alabama Christian
Brewbaker Tech
LAMP
Saint James
B.T. Washington Magnet

AREA 5

Coordinator: Richard Brown,
Beauregard

Beauregard
Beulah
Central of Clay County
Dadeville
Handley

AREA 6

Coordinator: Jimmy Hull,
Holtville

Childersburg
Dallas County
Elmore County
Holtville
Tallasse

AREA 7

Coordinator: Richard Bishop,
Calera

Bibb County
Calera
Jemison
West Blocton

AREA 8

Coordinator: Ronald Cooper,
Corner

Carbon Hill
Corner
Dora
Oak Grove

AREA 9

Coordinator: Jeremy Lowry,
Madison County

DAR
Madison County
North Jackson
Randolph

AREA 11

Coordinator: Rick Carter,
Jacksonville

Alexandria
Cherokee County
Hokes Bluff
Jacksonville

AREA 13

Coordinator: Keith Bender,
Oneonta

Fairview
Locust Fork
Oneonta
Saint Clair County

AREA 15

Coordinator: Stephen Howard,
Brooks

Brooks
East Lawrence
Haleyville
Priceville

AREA 10

Coordinator: Greg Corkren,
Cleburne County

Anniston
Cleburne County
Lincoln
Munford

AREA 12

Coordinator: John Richey,
Guntersville

Crossville
Douglas
Guntersville
Sardis

AREA 14

Coordinator: Tommy Hunter,
Ardmore

Ardmore
Butler
J.O. Johnson
Pope John Paul II

AREA 16

Coordinator: Charlotte Craig,
West Limestone

Central-Florence
Rogers
West Limestone
Wilson

CLASS 5A

AREA 1

Coordinator: Gerry Strang,
Saint Paul's

Faith Academy
LeFlore
Saint Paul's
Vigor

AREA 3

Coordinator: Beverly Spondike,
Saraland

Citronelle
Jackson
Saraland
Satsuma

AREA 5

Coordinator: Jay Reyes,
Benjamin Russell

Benjamin Russell
Marbury
B.T. Washington
Valley

AREA 7

Coordinator: Sam Staggs,
McAdory

Brookwood
Central-Tuscaloosa
McAdory
Paul Bryant

AREA 2

Coordinator: Marty McRae,
Spanish Fort

Gulf Shores
B.C. Rain
Spanish Fort
Williamson

AREA 4

Coordinator: Steve Hawkins,
Eufaula

Carroll
Eufaula
Rehobeth
Russell County

AREA 6

Coordinator: Dr. Tony Speegle,
Demopolis

Demopolis
Greenville
Selma
Sumter Central

AREA 8

Coordinator: Gene Rogers,
Shelby County

Chilton County
Shelby County
Sylacauga
Talladega

AREA 9

Coordinator: Dan Buczek,
John Carroll

Briarwood Christian
Homewood
John Carroll
Ramsay

AREA 11

Coordinator: Van Phillips,
Center Point

Center Point
Moody
Pinson Valley
Springville

AREA 13

Coordinator: Wayne Byram,
Pleasant Grove

Fairfield
Parker
Pleasant Grove
Wenonah

AREA 15

Coordinator: Jeff Hyche,
Hartselle

Cullman
East Limestone
Hartselle
West Point

AREA 10

Coordinator: Dr. Marguerite Early,
Southside-Gadsden

Boaz
Etowah
Fort Payne
Southside-Gadsden

AREA 12

Coordinator: Jeremy Childers,
Brewer

Arab
Brewer
Columbia
Scottsboro

AREA 14

Coordinator: Allen Hargett,
Hayden

Curry
Hayden
Mortimer Jordan
Walker

AREA 16

Coordinator: Chris Bolen,
Athens

Athens
Lawrence County
Muscle Shoals
Russellville

CLASS 6A

AREA 1

Coordinator: Calvin Crist,
Mobile Co. Schools
Alma Bryant
Baker
Davidson
Theodore

AREA 3

Coordinator: Johnny Cabaniss,
Baldwin County
Baldwin County
Daphne
Fairhope
Foley
Robertsdale

AREA 5

Coordinator: Clay McCall,
Auburn
Auburn
Central-Phenix City
Opelika
Smiths Station

AREA 7

Coordinator: Richard Dennis,
Prattville
Prattville
Stanhope Elmore
Thompson
Wetumpka

AREA 2

Coordinator: Calvin Crist,
Mobile Co. Schools
Blount
Mary Montgomery
McGill-Toolen
Murphy

AREA 4

Coordinator: Matt Rodgers,
Enterprise
Dothan
Enterprise
Northview

AREA 6

Coordinator: Gary Hall,
Carver-Montgomery
Carver-Montgomery
Jeff Davis
Lee-Montgomery
Sidney Lanier

AREA 8

Coordinator: Robert Lavett,
Pelham
Chelsea
Oak Mountain
Pelham
Spain Park

AREA 9

Coordinator: Chris Cox,
Oxford

Clay-Chalkville
Gadsden City
Oxford
Pell City

AREA 11

Coordinator: Terry Cooper,
Mountain Brook

Mountain Brook
Shades Valley
Vestavia Hills
Woodlawn

AREA 13

Coordinator: Mark Franks,
Tuscaloosa County

Bessemer City
Hillcrest-Tuscaloosa
Northridge
Tuscaloosa County

AREA 15

Coordinator: Robby Parker,
Bob Jones

Bob Jones
Buckhorn
Hazel Green
Sparkman

AREA 10

Coordinator: Paul McAbee,
Albertville

Albertville
Grissom
Huntsville
Lee-Huntsville

AREA 12

Coordinator: Zack Barnes,
Hewitt-Trussville

Carver-Birmingham
Gardendale
Hewitt-Trussville
Huffman

AREA 14

Coordinator: Don Hulin,
Hoover

Hoover
Hueytown
Jackson-Olin
Minor

AREA 16

Coordinator: Dr. Don Snow,
Austin

Austin
Decatur
Florence
James Clemens

Special Rules

1. Regular season games are not permitted after the state playoff begins.
2. Invitational, county, conference and league tournaments must be completed before the week of the area tournaments. The AHSAA receives 5 per cent of gross receipts less taxes from all tournaments except area and state playoffs. Form 17 must be filed with the State Office after the completion of each tournament.
3. A student may participate in only one level of competition on the same day or in the same event (county, conference and league tournaments, etc.). Junior high players may be moved to a higher level after completion of their season and its culminating event (city, county tournament, etc.).
4. Wilson Wave balls must be used for all area, sub-regional, regional and state finals play.
5. Each school in the championship program MUST submit online a Basketball Tournament Roster to the State Office before Jan. 30 and also to the area tournament director at the area seeding-drawing meeting.

CHEERLEADING

1. Cheerleaders should be seated in front of their student section and will only be allowed on the floor or sidelines during timeouts and between quarters of the game. Cheerleaders may use the sideline or end line areas before games so long as they do not interfere with the pregame warm-up.

It is the responsibility of each school's administration coaching staff and cheerleader sponsors to see that their cheerleaders conform to this rule. Since it is not a playing rule and is not included in the National Federation Basketball Rules book, it is not the responsibility of the game officials to enforce the rule.

If the officials observe the cheerleaders not following the rule and/or if the cheerleaders are in any way interfering with the game or the maneuvering of the game officials, then the officials will call it to the attention of the coaching staff or school administrators of the responsible school.

Schools should instruct all cheerleaders that they must follow this procedure during all interscholastic games.
2. The use of megaphones by cheerleaders is prohibited at all basketball games.

ARTIFICIAL NOISEMAKERS

Artificial noisemakers are prohibited at all basketball games. No thunder sticks, cowbells, drums, air horns or other artificial noisemakers may be used. It is permissible to have pep bands and other music groups, but they may play only during timeouts and when the ball is not “alive” during a game.

Gym Criteria

In order to accommodate the games, teams and spectators, each host school in play-off competition must provide a facility that meets the minimum standards. In all area and sub-regional playoff games, the home team is responsible for providing a gym that meets these minimum requirements:

- a. The court shall be at least 84' long (may not be longer than 94') and 50' wide with clear contrasting markings.
- b. If the end line is less than 15' from an obstruction, the latter shall be padded in the area under the goal.
- c. There should be a 3-foot clearance from the bleachers to the sidelines. If it is impossible to provide a 3-foot clearance, a narrow broken 1-inch line shall be marked inside the court parallel with, and 3 feet inside, the boundary.
- d. The area above the court must be clear of any obstruction and at least 25 feet high.
- e. The floor shall be marked as outlined on Pages 6, 7 and 8 of the National Federation Basketball Rules book. The court shall include “coaching boxes” in accordance with Rule 10-5-3 adopted by the AHSAA.
- f. Backboards (with ring restraining devices) shall be rectangular glass boards with official protective padding on the bottom and 15" up each side.
- g. A gym for Class A and 2A area and sub-regional games shall have a minimum seating capacity of 300; Class 3A and 4A-500; Class 5A and 6A-700.
- h. Dressing rooms with hot and cold showers for both teams must be provided.
- i. An officials' dressing room with hot and cold showers available must also be provided.

Seeding-Drawing Meeting

DATES AND SITES: To be set by the area coordinator in order to meet the reporting deadline.

REPORTING DEADLINE: Area tournament brackets must be received by the State Office no later than 10 a.m. Jan. 30. Brackets must include site, game times and dates.

ATTENDANCE REQUIREMENT: Each school with a girls and/or boys team **MUST** have a representative at the meeting in order to participate in the area tournament.

COACH'S RESPONSIBILITY: The coach of each area team in a tournament, including the host school coach(es), must submit online its Tournament Roster to the area coordinator and also to the State Office by Jan. 30.

COORDINATOR'S RESPONSIBILITIES:

- (a) Set the date and time for the area drawing meeting and notify the area schools.
- (b) Supervise the seeding and drawing of the area tournament brackets (girls and boys) by the participating schools, including setting suitable game times for schools in the tournament.
- (c) Make sure that the host school meets the gym criteria.
- (d) Fill out Form 43A online and email the complete area tournament brackets (including site, game times and dates) to the State Office before 10:00 a.m. on Jan. 30.
- (e) Mail or email a copy of the area tournament brackets to the participating schools.
- (f) Make sure all area teams have posted their rosters online.
- (g) Mail or email copies of all tournament rosters to the school hosting the area tournament.

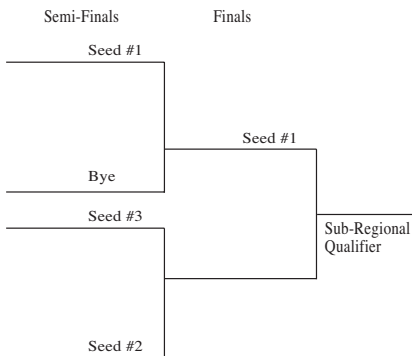
SEEDING: In order to qualify for the area tournament, each team in the area must play each area opponent two regular season games prior to the seeding meeting. All area games must be played. Failure to play all area games could result in fines, probation and/or disqualification from the area tournament.

Seeding will be based on won-loss percentage against area teams that qualify for its area tournament. If a team plays a qualifying area team more than twice prior to the seeding meeting, only the first two regular season games will count for seeding purposes.

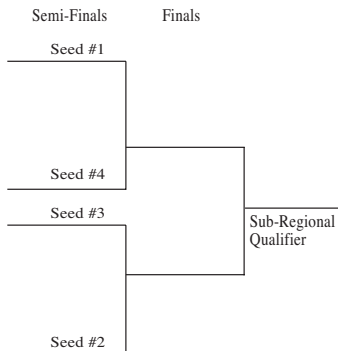
The No. 1 seeded team will host the area tournament. If the No. 1 seeded team does not wish to host the area tournament or cannot provide a facility which meets the gym criteria minimum standards, the No. 2 seed will host the area tournament.

Brackets with seeding:

3-TEAM AREA



4-TEAM AREA



5-TEAM AREA



Tie-Breaking Procedure

In the event there is a winning percentage tie by two or more teams for a certain seed, that seed will be determined by applying the following tiebreaking factors in the order listed, beginning with (a) for two teams or (aa) for more than two teams.

A tie for the highest seed will be resolved first, then the next highest seed will be resolved by applying the same tiebreaking factors in the order listed, beginning with (a) or (aa) as determined by the number of teams in the tie.

If a certain tiebreaker does not apply to the tie being resolved, apply the next factor in the order listed.

The tiebreaking factors:

If Two Teams Tie

- (a) ...the team which defeated the other in both regular season games will be seeded ahead of the other.
- (b) ...and the two teams split their two regular season games, the team with the highest winning percentage against the No. 1 seeded team will be seeded ahead of the other. If the tie is for the No. 1 seed, apply (d) and the remaining tiebreakers in order as necessary.
- (c) Apply (b) using winning percentage against the No. 2 seeded team;
- (d) Apply (b) using winning percentage against the No. 3 seeded team;
- (e) Apply (b) using winning percentage against the No. 4 seeded team;
- (f) Apply (b) using winning percentage against the No. 5 seeded team.
- (g) Apply (b) using winning percentage against the No. 6 seeded team;
- (h) By a flip of a coin.

If More Than Two Teams Tie

- (aa) ...the team which had the highest winning percentage against all the other tied teams during regular season area play will be seeded ahead of all the other tied teams.
 - 1. If two teams tie for the highest winning percentage ahead of all the other teams involved in the tie, apply the two-team, tiebreaking factors for those two teams, beginning with (a) and the highest-ranked team will be placed ahead of all tied teams. Then, if needed, for all other teams involved in the original tie, apply tiebreaker (a) if only two teams remain and (k) if more than two teams remain.

NOTE: This (aa-1) procedure will apply in all remaining tiebreaker factors where applicable.

- (bb) ...the team with the highest winning percentage against the No. 1 seeded team will be seeded ahead of all the other tied teams. If the tie is for the No. 1 seed, apply (dd) and the remaining tiebreakers in order as needed. Then the next seed will be resolved by applying the tiebreaking factors in the order listed for all the other teams involved in the tie, beginning with (a) or (aa) as determined by the number of teams still tied.
- (cc) Apply (bb) using percentage against the No. 2 seeded team;
 - (dd) Apply (bb) using percentage against the No. 3 seeded team;
 - (ee) Apply (bb) using percentage against the No. 4 seeded team;
 - (ff) Apply (bb) using percentage against the No. 5 seeded team;
 - (gg) Apply (bb) using percentage against the No. 6 seeded team;
 - (hh) By flip of a coin.

Admission Regulations

1. Admission: Area Tournament -\$6.00 per session
Sub-Regional Games -\$6.00 per game
Regional Tournament-\$8.00 per day
State Finals-\$10.00 per day
2. Passes Allowed
 - (a) Team Party of 23
 - (1) 15 players (in uniform)
 - (2) 2 managers or 1 manager and 1 scorer (total of 2)
 - (3) 3 coaches
 - (4) 1 certified athletic trainer
 - (5) administrative personnel
 - (b) All other coaches, principals, superintendents and their spouses will be admitted upon presentation of proper AHSAA cards or principals/superintendents' professional organization cards.
 - (c) Varsity cheerleaders (maximum of 23 in uniform) will be admitted for the sessions in which their team is participating.
 - (d) Players of participating teams must be identified each session by their basketball coaches. Otherwise, free admission will not be granted.

Tournament Officials

1. Officials for all area, sub-regional, regional and State Final games will be assigned by the State Office. Three officials will be assigned for each playoff game.
2. When girls and boys area tournament games are played on the same night at the same location, two separate officiating crews may be used at the discretion of each area.
3. A school may request that a particular official not be assigned to its area and sub-regional games. In order for the request to be considered, it must be submitted in writing (signed by the school principal) to the State Office by noon on the day following the area drawing meeting.
4. All officials, including clock operators, must be registered with the AHSAA.
5. Please see officials' fee information on page 29.
6. Protests are not allowed. Decisions of game officials are final.

Awards

Area tournament awards are left up to the discretion of each area. If awards are made, the maximum specifications are:

- (a) First Place: \$40, 12-inch (height) trophy or 11" x 14" plaque
- (b) Second Place: \$35, 10-inch (height) trophy or 8" x 11" plaque

No awards are made in sub-regional games.

Awards will be made in the Regional and State Finals tournaments to the winner and runner-up teams in each class.

Area Tournaments

DATES:

Girls- Feb. 3, 6 and 8. Areas with four or less teams must play Feb. 6 and 8. The girls final must be played Saturday, Feb. 8, unless the girls and boys area tournaments are held at the same site. (See Note under SITES).

Boys- Feb. 4, 7 and 10. Areas with four or less teams must play Feb. 7 and 10. The boys final must be played on Monday, Feb. 10. (See Note under SITES).

SITES: The top-seeded girls and boys teams in each area. The principal of each host school will serve as tournament director.

Note: Girls and Boys area tournaments held at the same site may be scheduled together Feb. 3-4, 6-7 and 10. The boys championship game must be played Feb. 10. The girls championship game may also be played Feb. 10 if the area teams agree prior to the tournament. Otherwise, the girls championship game will be played Feb. 8.

FORMAT: Single elimination bracket.

PRACTICE: None allowed at a tournament site (except the host team).

ADMISSION: \$6.00 per session.

BALL: Wilson Wave.

MEDIA REQUESTS AND BROADCASTS: See Media link on the AHSAA website (www.ahsaa.com).

HOST SCHOOL RESPONSIBILITIES: The host school will furnish the game ball (Wilson Wave) ticket sellers, ticket takers, security, utilities, janitorial service, towels and game dressing facilities. The host school will handle and receive proceeds from the concessions and programs.

DIRECTOR'S RESPONSIBILITIES:

- (a) Immediately upon completion of each night's play, go online and submit scores to AHSAA.com via instructions on the member site.
- (b) Also, immediately upon completion of the area finals, submit scores online to AHSAA.com via instructions on the member site.
- (c) Immediately upon completion of the area finals, give regional information packets to the area winner and runner-up.
- (d) Prepare and submit a tournament financial report to the State Office and send copies to each of the participating schools. A form for this purpose will be furnished to each area tournament director by the State Office. The financial report must be filed immediately after the tournament is completed.

- 1. To determine NET gate receipts from each area tournament, deduct the following from gate receipts:
 - a. Taxes (if applicable)
 - b. Game Officials: Fee – \$60 per official per contest. Mileage Allowance – \$15 per official per day. Please see officials' fee information on page 29.
 - c. Scorekeeper: \$20 maximum per game (adult)
 - d. Timer: ECO – \$20 maximum per game (non-registered Official)
Registered Official – \$25 per game
(All officials must be adults.) Mileage Allowance for Timer – \$10 per day, if an official.
 - e. Host School: 25% of gate receipts after taxes
 - f. AHSAA: 15% of gate receipts after taxes
 - g. Trophies (if necessary)
- 2. Division among participating schools of the area tournament NET gate receipts (Gate receipts less expenses listed in Item 1 above.)
 - a. Transportation: 33 1/3% divided on basis of number of miles each school traveled (maximum of 48 cents per mile one way)
 - b. After deducting transportation allowance, remainder of net gate receipts to be distributed as follows:
 - (1) 1/2 divided on basis of number of games each school played (after travel allowance deducted)
 - (2) 1/2 divided equally among all participating schools

Sub-Regional Games

DATES: Girls: Feb. 13
Boys: Feb. 14

SITES: Home sites of area winners. All area runners-up will be the visiting (traveling) teams.

FORMAT: Winner and runner-up of each girls and boys area tournament play in one round of games according to pre-drawn pairings.

GAMETIME: 7 p.m. **ADMISSION:** \$6.00 per game. **BALL:** Wilson Wave.

MEDIA REQUESTS AND BROADCASTS: See Media link on the AHSAA website (www.ahsaa.com).

HOST SCHOOL RESPONSIBILITIES: Furnish the official game ball (Wilson Wave), ticket sellers, ticket takers, security, utilities, janitorial service, towels and game dressing facilities. The host school will handle and receive proceeds from the concessions and programs.

DIRECTOR'S RESPONSIBILITIES:

- (a) Immediately upon completion of each night's play, go online and submit scores to AHSAA.com via instructions on the member site.
- (b) Prepare and submit a tournament financial report to the State Office and send copies to the visiting school. Gate receipts from each sub-regional game will be distributed as shown on the financial report furnished by the State Office. The financial report must be filed immediately after the tournament is completed.
 1. To determine NET gate receipts from each sub-regional game, deduct the following from gate receipts:
 - a. Taxes (if applicable)
 - b. Game Officials: Fee – \$60 per official per contest. Mileage Allowance – \$20 per official per contest. Please see officials' fee information on page 29.
 - c. Scorekeeper: \$20 maximum per game (adult)
 - d. Timer (ECO): \$20 maximum per game (non-registered official)
\$25 maximum per game (registered official)
(All officials must be adults)
 2. Division among participating schools of sub-regional game NET gate receipts. (Gate receipts less expenses listed in Item 1 above)
 - a. Transportation—Maximum 48 cents per mile one way to visiting team (not to exceed 1/3 of net)
 - b. 40% of balance after transportation to home team
 - c. 30% of balance after transportation to visiting team
 - d. 30% of balance to AHSAA

Basketball Officials' Fees

Regular Season:

High School Varsity (3-Member) = \$55.00 per official per contest.

Junior Varsity (2-Member) = \$45.00 per official per contest.

Junior Varsity (3-Member) = \$40.00 per official per contest.

Junior High (7-9) (2-Member) = \$40.00 per official per contest.

Junior High (7-9) (3-Member) = \$35.00 per official per contest.

Electric Clock Operator Fees:

Electric Clock Operator (All Levels) = \$25 Maximum Fee (If an Official)

Alternate Bench Official = \$20 per official

All clock operators who are registered officials shall be in proper uniform.

Mileage Allowance = \$8.00 per official per day.

Mileage Allowance (Over 60 Miles) = \$10.00 per official per day.

Mileage Allowance (ECO) = \$8.00 per day.

Mileage Allowance (ECO Over 60 Miles) = \$10.00 per day.

Championship Playoffs:

The game fee per official for the preliminary rounds will be \$60.00 plus the Mileage Allowance. The game fee per official for the State Tournament will be \$65.00 plus Mileage Allowance.

	ECO (If an official) (Once Per Day)	3-Member Crew (Per Official Per Day)
Area Tournament Mileage Allowance	\$10	\$15
Sub-Region Round Mileage Allowance	\$10	\$20
Regional Mileage Allowance		\$25
State Tournament Mileage Allowance		\$30

Sub-Regional Pairings

CLASS 1A

South Sub-Regional

Game 1 - Area 4 Runner-up at Area 1 Winner

Game 2 - Area 1 Runner-up at Area 4 Winner

Game 3 - Area 3 Runner-up at Area 2 Winner

Game 4 - Area 2 Runner-up at Area 3 Winner

Central Sub-Regional

Game 5 - Area 8 Runner-up at Area 5 Winner

Game 6 - Area 5 Runner-up at Area 8 Winner

Game 7 - Area 6 Runner-up at Area 7 Winner

Game 8 - Area 7 Runner-up at Area 6 Winner

Northeast Sub-Regional

Game 9 - Area 10 Runner-up at Area 9 Winner

Game 10 - Area 9 Runner-up at Area 10 Winner

Game 11 - Area 12 Runner-up at Area 11 Winner

Game 12 - Area 11 Runner-up at Area 12 Winner

Northwest Sub-Regional

Game 13 - Area 14 Runner-up at Area 13 Winner

Game 14 - Area 13 Runner-up at Area 14 Winner

Game 15 - Area 16 Runner-up at Area 15 Winner

Game 16 - Area 15 Runner-up at Area 16 Winner

CLASS 2A

South Sub-Regional

Game 1 - Area 2 Runner-up at Area 1 Winner

Game 2 - Area 1 Runner-up at Area 2 Winner

Game 3 - Area 4 Runner-up at Area 3 Winner

Game 4 - Area 3 Runner-up at Area 4 Winner

Central Sub-Regional

Game 5 - Area 7 Runner-up at Area 5 Winner

Game 6 - Area 5 Runner-up at Area 7 Winner

Game 7 - Area 8 Runner-up at Area 6 Winner

Game 8 - Area 6 Runner-up at Area 8 Winner

Northeast Sub-Regional

Game 9 - Area 10 Runner-up at Area 9 Winner

Game 10 - Area 9 Runner-up at Area 10 Winner

Game 11 - Area 12 Runner-up at Area 11 Winner

Game 12 - Area 11 Runner-up at Area 12 Winner

Northwest Sub-Regional

Game 13 - Area 14 Runner-up at Area 13 Winner

Game 14 - Area 13 Runner-up at Area 14 Winner

Game 15 - Area 16 Runner-up at Area 15 Winner

Game 16 - Area 15 Runner-up at Area 16 Winner

CLASS 3A

South Sub-Regional

Game 1 - Area 2 Runner-up at Area 1 Winner
Game 2 - Area 1 Runner-up at Area 2 Winner
Game 3 - Area 4 Runner-up at Area 3 Winner
Game 4 - Area 3 Runner-up at Area 4 Winner

Central Sub-Regional

Game 5 - Area 8 Runner-up at Area 5 Winner
Game 6 - Area 5 Runner-up at Area 8 Winner
Game 7 - Area 7 Runner-up at Area 6 Winner
Game 8 - Area 6 Runner-up at Area 7 Winner

Northeast Sub-Regional

Game 9 - Area 10 Runner-up at Area 9 Winner
Game 10 - Area 9 Runner-up at Area 10 Winner
Game 11 - Area 12 Runner-up at Area 11 Winner
Game 12 - Area 11 Runner-up at Area 12 Winner

Northwest Sub-Regional

Game 13 - Area 14 Runner-up at Area 13 Winner
Game 14 - Area 13 Runner-up at Area 14 Winner
Game 15 - Area 16 Runner-up at Area 15 Winner
Game 16 - Area 15 Runner-up at Area 16 Winner

CLASS 4A

South Sub-Regional

Game 1 - Area 2 Runner-up at Area 1 Winner
Game 2 - Area 1 Runner-up at Area 2 Winner
Game 3 - Area 4 Runner-up at Area 3 Winner
Game 4 - Area 3 Runner-up at Area 4 Winner

Central Sub-Regional

Game 5 - Area 6 Runner-up at Area 5 Winner
Game 6 - Area 5 Runner-up at Area 6 Winner
Game 7 - Area 8 Runner-up at Area 7 Winner
Game 8 - Area 7 Runner-up at Area 8 Winner

Northeast Sub-Regional

Game 9 - Area 12 Runner-up at Area 9 Winner
Game 10 - Area 9 Runner-up at Area 12 Winner
Game 11 - Area 11 Runner-up at Area 10 Winner
Game 12 - Area 10 Runner-up at Area 11 Winner

Northwest Sub-Regional

Game 13 - Area 14 Runner-up at Area 13 Winner
Game 14 - Area 13 Runner-up at Area 14 Winner
Game 15 - Area 16 Runner-up at Area 15 Winner
Game 16 - Area 15 Runner-up at Area 16 Winner

CLASS 5A

South Sub-Regional

Game 1 - Area 2 Runner-up at Area 1 Winner

Game 2 - Area 1 Runner-up at Area 2 Winner

Game 3 - Area 4 Runner-up at Area 3 Winner

Game 4 - Area 3 Runner-up at Area 4 Winner

Central Sub-Regional

Game 5 - Area 8 Runner-up at Area 5 Winner

Game 6 - Area 5 Runner-up at Area 8 Winner

Game 7 - Area 7 Runner-up at Area 6 Winner

Game 8 - Area 6 Runner-up at Area 7 Winner

Northeast Sub-Regional

Game 9 - Area 11 Runner-up at Area 9 Winner

Game 10 - Area 9 Runner-up at Area 11 Winner

Game 11 - Area 12 Runner-up at Area 10 Winner

Game 12 - Area 10 Runner-up at Area 12 Winner

Northwest Sub-Regional

Game 13 - Area 14 Runner-up at Area 13 Winner

Game 14 - Area 13 Runner-up at Area 14 Winner

Game 15 - Area 16 Runner-up at Area 15 Winner

Game 16 - Area 15 Runner-up at Area 16 Winner

CLASS 6A

South Sub-Regional

Game 1 - Area 2 Runner-up at Area 1 Winner

Game 2 - Area 1 Runner-up at Area 2 Winner

Game 3 - Area 4 Runner-up at Area 3 Winner

Game 4 - Area 3 Runner-up at Area 4 Winner

Central Sub-Regional

Game 5 - Area 6 Runner-up at Area 5 Winner

Game 6 - Area 5 Runner-up at Area 6 Winner

Game 7 - Area 8 Runner-up at Area 7 Winner

Game 8 - Area 7 Runner-up at Area 8 Winner

Northeast Sub-Regional

Game 9 - Area 10 Runner-up at Area 9 Winner

Game 10 - Area 9 Runner-up at Area 10 Winner

Game 11 - Area 12 Runner-up at Area 11 Winner

Game 12 - Area 11 Runner-up at Area 12 Winner

Northwest Sub-Regional

Game 13 - Area 14 Runner-up at Area 13 Winner

Game 14 - Area 13 Runner-up at Area 14 Winner

Game 15 - Area 16 Runner-up at Area 15 Winner

Game 16 - Area 15 Runner-up at Area 16 Winner

Regional Tournaments

DATES: Feb. 18-22

SITES: South Regional — Dothan Civic Center, Dothan
Central Regional — Alabama State University, Montgomery
Northeast Regional — Jacksonville State University, Jacksonville
Northwest Regional — Wallace State Community College, Hanceville

FORMAT: Sub-regional game winners compete in one of four regional tournaments according to a pre-drawn bracket. Teams listed on the top of the bracket will be home team and wear white uniforms.

PRACTICE: No practice is allowed at a tournament site.

ADMISSION: \$8.00 per day.

BALL: Wilson Wave.

BANDS: Pep bands are not allowed.

MEDIA REQUESTS AND BROADCASTS: See Media link on the AHSAA website (www.ahsaa.com).

SOUTH (Girls)
(Dothan Civic Center, Dothan)

6A Game 3 Winner		Fri (2-21) 9:00 a.m.	6A State Finals S Qualifier
Tues (2-18) – 9:00 a.m.	6A Game 2 Winner		
6A Game 4 Winner			
Tues (2-18) – 12:00 noon	6A Game 1 Winner		

1A Game 3 Winner		Fri (2-21) 3:40 p.m.	1A State Finals S Qualifier
Tues (2-18) – 3:00 p.m.	1A Game 2 Winner		
1A Game 4 Winner			
Tues (2-18) – 6:00 p.m.	1A Game 1 Winner		

5A Game 3 Winner		Fri (2-21) 12:20 p.m.	5A State Finals S Qualifier
Wed (2-19) – 9:00 a.m.	5A Game 2 Winner		
5A Game 4 Winner			
Wed (2-19) – 12:00 noon	5A Game 1 Winner		

2A Game 3 Winner		Sat (2-22) 9:00 a.m.	2A State Finals S Qualifier
Wed (2-19) – 3:00 p.m.	2A Game 2 Winner		
2A Game 4 Winner			
Wed (2-19) – 6:00 p.m.	2A Game 1 Winner		

3A Game 3 Winner		Sat (2-22) 12:20 p.m.	3A State Finals S Qualifier
Thurs (2-20) – 9:00 a.m.	3A Game 2 Winner		
3A Game 4 Winner			
Thurs (2-20) – 12:00 noon	3A Game 1 Winner		

4A Game 3 Winner		Sat (2-22) 3:40 p.m.	4A State Finals S Qualifier
Thurs (2-20) – 3:00 p.m.	4A Game 2 Winner		
4A Game 4 Winner			
Thurs (2-20) – 6:00 p.m.	4A Game 1 Winner		

SOUTH (Boys)

(Dothan Civic Center, Dothan)

	6A Game 3 Winner			
Tues (2-18) – 10:30 a.m.	6A Game 2 Winner	Fri (2-21) 10:40 a.m.	6A State Finals	S Qualifier
	6A Game 4 Winner			
Tues (2-18) – 1:30 p.m.	6A Game 1 Winner			

	1A Game 3 Winner			
Tues (2-18) – 4:30 p.m.	1A Game 2 Winner	Fri (2-21) 5:20 p.m.	1A State Finals	S Qualifier
	1A Game 4 Winner			
Tues (2-18) – 7:30 p.m.	1A Game 1 Winner			

	5A Game 3 Winner			
Wed (2-19) – 10:30 a.m.	5A Game 2 Winner	Fri (2-21) 2:00 p.m.	5A State Finals	S Qualifier
	5A Game 4 Winner			
Wed (2-19) – 1:30 p.m.	5A Game 1 Winner			

	2A Game 3 Winner			
Wed (2-19) – 4:30 p.m.	2A Game 2 Winner	Sat (2-22) 10:40 a.m.	2A State Finals	S Qualifier
	2A Game 4 Winner			
Wed (2-19) – 7:30 p.m.	2A Game 1 Winner			

	3A Game 3 Winner			
Thurs (2-20) – 10:30 a.m.	3A Game 2 Winner	Sat (2-22) 2:00 p.m.	3A State Finals	S Qualifier
	3A Game 4 Winner			
Thurs (2-20) – 1:30 p.m.	3A Game 1 Winner			

	4A Game 3 Winner			
Thurs (2-20) – 4:30 p.m.	4A Game 2 Winner	Sat (2-22) 5:20 p.m.	4A State Finals	S Qualifier
	4A Game 4 Winner			
Thurs (2-20) – 7:30 p.m.	4A Game 1 Winner			

CENTRAL (Girls)

(Alabama State University, Montgomery)

	6A Game 7 Winner			
Tues (2-18) – 9:00 a.m.	6A Game 6 Winner	Fri (2-21) 9:00 a.m.	6A State Finals	C Qualifier
	6A Game 8 Winner			
Tues (2-18) – 12:00 noon	6A Game 5 Winner			

	1A Game 7 Winner			
Tues (2-18) – 3:00 p.m.	1A Game 6 Winner	Fri (2-21) 3:40 p.m.	1A State Finals	C Qualifier
	1A Game 8 Winner			
Tues (2-18) – 6:00 p.m.	1A Game 5 Winner			

	5A Game 7 Winner			
Wed (2-19) – 9:00 a.m.	5A Game 6 Winner	Fri (2-21) 12:20 p.m.	5A State Finals	C Qualifier
	5A Game 8 Winner			
Wed (2-19) – 12:00 noon	5A Game 5 Winner			

	2A Game 7 Winner			
Wed (2-19) – 3:00 p.m.	2A Game 6 Winner	Sat (2-22) 9:00 a.m.	2A State Finals	C Qualifier
	2A Game 8 Winner			
Wed (2-19) – 6:00 p.m.	2A Game 5 Winner			

	3A Game 7 Winner			
Thurs (2-20) – 9:00 a.m.	3A Game 6 Winner	Sat (2-22) 12:20 p.m.	3A State Finals	C Qualifier
	3A Game 8 Winner			
Thurs (2-20) – 12:00 noon	3A Game 5 Winner			

	4A Game 7 Winner			
Thurs (2-20) – 3:00 p.m.	4A Game 6 Winner	Sat (2-22) 3:40 p.m.	4A State Finals	C Qualifier
	4A Game 8 Winner			
Thurs (2-20) – 6:00 p.m.	4A Game 5 Winner			

CENTRAL (Boys)
(Alabama State University, Montgomery)

6A Game 7 Winner		Fri (2-21) 10:40 a.m.	6A State Finals C Qualifier
Tues (2-18) – 10:30 a.m.	6A Game 6 Winner		
6A Game 8 Winner		Fri (2-21) 10:40 a.m.	6A State Finals C Qualifier
Tues (2-18) – 1:30 p.m.	6A Game 5 Winner		

1A Game 7 Winner		Fri (2-21) 5:20 p.m.	1A State Finals C Qualifier
Tues (2-18) – 4:30 p.m.	1A Game 6 Winner		
1A Game 8 Winner		Fri (2-21) 5:20 p.m.	1A State Finals C Qualifier
Tues (2-18) – 7:30 p.m.	1A Game 5 Winner		

5A Game 7 Winner		Fri (2-21) 2:00 p.m.	5A State Finals C Qualifier
Wed (2-19) – 10:30 a.m.	5A Game 6 Winner		
5A Game 8 Winner		Fri (2-21) 2:00 p.m.	5A State Finals C Qualifier
Wed (2-19) – 1:30 p.m.	5A Game 5 Winner		

2A Game 7 Winner		Sat (2-22) 10:40 a.m.	2A State Finals C Qualifier
Wed (2-19) – 4:30 p.m.	2A Game 6 Winner		
2A Game 8 Winner		Sat (2-22) 10:40 a.m.	2A State Finals C Qualifier
Wed (2-19) – 7:30 p.m.	2A Game 5 Winner		

3A Game 7 Winner		Sat (2-22) 2:00 p.m.	3A State Finals C Qualifier
Thurs (2-20) – 10:30 a.m.	3A Game 6 Winner		
3A Game 8 Winner		Sat (2-22) 2:00 p.m.	3A State Finals C Qualifier
Thurs (2-20) – 1:30 p.m.	3A Game 5 Winner		

4A Game 7 Winner		Sat (2-22) 5:20 p.m.	4A State Finals C Qualifier
Thurs (2-20) – 4:30 p.m.	4A Game 6 Winner		
4A Game 8 Winner		Sat (2-22) 5:20 p.m.	4A State Finals C Qualifier
Thurs (2-20) – 7:30 p.m.	4A Game 5 Winner		

NORTHEAST (Girls)

(Jacksonville State University, Jacksonville)

	6A Game 11 Winner		
Tues (2-18) – 9:00 a.m.	6A Game 10 Winner	Fri (2-21) 9:00 a.m.	6A State Finals NE Qualifier
	6A Game 12 Winner		
Tues (2-18) – 12:00 noon	6A Game 9 Winner		

	1A Game 11 Winner		
Tues (2-18) – 3:00 p.m.	1A Game 10 Winner	Fri (2-21) 3:40 p.m.	1A State Finals NE Qualifier
	1A Game 12 Winner		
Tues (2-18) – 6:00 p.m.	1A Game 9 Winner		

	5A Game 11 Winner		
Wed (2-19) – 9:00 a.m.	5A Game 10 Winner	Fri (2-21) 12:20 p.m.	5A State Finals NE Qualifier
	5A Game 12 Winner		
Wed (2-19) – 12:00 noon	5A Game 9 Winner		

	2A Game 11 Winner		
Wed (2-19) – 3:00 p.m.	2A Game 10 Winner	Sat (2-22) 9:00 a.m.	2A State Finals NE Qualifier
	2A Game 12 Winner		
Wed (2-19) – 6:00 p.m.	2A Game 9 Winner		

	3A Game 11 Winner		
Thurs (2-20) – 9:00 a.m.	3A Game 10 Winner	Sat (2-22) 12:20 p.m.	3A State Finals NE Qualifier
	3A Game 12 Winner		
Thurs (2-20) – 12:00 noon	3A Game 9 Winner		

	4A Game 11 Winner		
Thurs (2-20) – 3:00 p.m.	4A Game 10 Winner	Sat (2-22) 3:40 p.m.	4A State Finals NE Qualifier
	4A Game 12 Winner		
Thurs (2-20) – 6:00 p.m.	4A Game 9 Winner		

NORTHEAST (Boys)

(Jacksonville State University, Jacksonville)

6A Game 11 Winner			
Tues (2-18) – 10:30 a.m.	6A Game 10 Winner	Fri (2-21) 10:40 a.m.	6A State Finals
6A Game 12 Winner			NE Qualifier
Tues (2-18) – 1:30 p.m.	6A Game 9 Winner		
1A Game 11 Winner			
Tues (2-18) – 4:30 p.m.	1A Game 10 Winner	Fri (2-21) 5:20 p.m.	1A State Finals
1A Game 12 Winner			NE Qualifier
Tues (2-18) – 7:30 p.m.	1A Game 9 Winner		
5A Game 11 Winner			
Wed (2-19) – 10:30 a.m.	5A Game 10 Winner	Fri (2-21) 2:00 p.m.	5A State Finals
5A Game 12 Winner			NE Qualifier
Wed (2-19) – 1:30 p.m.	5A Game 9 Winner		
2A Game 11 Winner			
Wed (2-19) – 4:30 p.m.	2A Game 10 Winner	Sat (2-22) 10:40 a.m.	2A State Finals
2A Game 12 Winner			NE Qualifier
Wed (2-19) – 7:30 p.m.	2A Game 9 Winner		
3A Game 11 Winner			
Thurs (2-20) – 10:30 a.m.	3A Game 10 Winner	Sat (2-22) 2:00 p.m.	3A State Finals
3A Game 12 Winner			NE Qualifier
Thurs (2-20) – 1:30 p.m.	3A Game 9 Winner		
4A Game 11 Winner			
Thurs (2-20) – 4:30 p.m.	4A Game 10 Winner	Sat (2-22) 5:20 p.m.	4A State Finals
4A Game 12 Winner			NE Qualifier
Thurs (2-20) – 7:30 p.m.	4A Game 9 Winner		

NORTHWEST (Girls)

(Wallace State Community College, Hanceville)

6A Game 15 Winner		Fri (2-21) 9:00 a.m.	6A State Finals NW Qualifier
Tues (2-18) – 9:00 a.m.	6A Game 14 Winner		
6A Game 16 Winner		Fri (2-21) 9:00 a.m.	6A State Finals NW Qualifier
Tues (2-18) – 12:00 noon	6A Game 13 Winner		

1A Game 15 Winner		Fri (2-21) 3:40 p.m.	1A State Finals NW Qualifier
Tues (2-18) – 3:00 p.m.	1A Game 14 Winner		
1A Game 16 Winner		Fri (2-21) 3:40 p.m.	1A State Finals NW Qualifier
Tues (2-18) – 6:00 p.m.	1A Game 13 Winner		

5A Game 15 Winner		Fri (2-21) 12:20 p.m.	5A State Finals NW Qualifier
Wed (2-19) – 9:00 a.m.	5A Game 14 Winner		
5A Game 16 Winner		Fri (2-21) 12:20 p.m.	5A State Finals NW Qualifier
Wed (2-19) – 12:00 noon	5A Game 13 Winner		

2A Game 15 Winner		Sat (2-22) 9:00 a.m.	2A State Finals NW Qualifier
Wed (2-19) – 3:00 p.m.	2A Game 14 Winner		
2A Game 16 Winner		Sat (2-22) 9:00 a.m.	2A State Finals NW Qualifier
Wed (2-19) – 6:00 p.m.	2A Game 13 Winner		

3A Game 15 Winner		Sat (2-22) 12:20 p.m.	3A State Finals NW Qualifier
Thurs (2-20) – 9:00 a.m.	3A Game 14 Winner		
3A Game 16 Winner		Sat (2-22) 12:20 p.m.	3A State Finals NW Qualifier
Thurs (2-20) – 12:00 noon	3A Game 13 Winner		

4A Game 15 Winner		Sat (2-22) 3:40 p.m.	4A State Finals NW Qualifier
Thurs (2-20) – 3:00 p.m.	4A Game 14 Winner		
4A Game 16 Winner		Sat (2-22) 3:40 p.m.	4A State Finals NW Qualifier
Thurs (2-20) – 6:00 p.m.	4A Game 13 Winner		

NORTHWEST (Boys)

(Wallace State Community College, Hanceville)

6A Game 15 Winner			
Tues (2-18) – 10:30 a.m.	6A Game 14 Winner	Fri (2-21) 10:40 a.m.	6A State Finals NW Qualifier
	6A Game 16 Winner		
Tues (2-18) – 1:30 p.m.	6A Game 13 Winner		
	1A Game 15 Winner		
Tues (2-18) – 4:30 p.m.	1A Game 14 Winner	Fri (2-21) 5:20 p.m.	1A State Finals NW Qualifier
	1A Game 16 Winner		
Tues (2-18) – 7:30 p.m.	1A Game 13 Winner		
	5A Game 15 Winner		
Wed (2-19) – 10:30 a.m.	5A Game 14 Winner	Fri (2-21) 2:00 p.m.	5A State Finals NW Qualifier
	5A Game 16 Winner		
Wed (2-19) – 1:30 p.m.	5A Game 13 Winner		
	2A Game 15 Winner		
Wed (2-19) – 4:30 p.m.	2A Game 14 Winner	Sat (2-22) 10:40 a.m.	2A State Finals NW Qualifier
	2A Game 16 Winner		
Wed (2-19) – 7:30 p.m.	2A Game 13 Winner		
	3A Game 15 Winner		
Thurs (2-20) – 10:30 a.m.	3A Game 14 Winner	Sat (2-22) 2:00 p.m.	3A State Finals NW Qualifier
	3A Game 16 Winner		
Thurs (2-20) – 1:30 p.m.	3A Game 13 Winner		
	4A Game 15 Winner		
Thurs (2-20) – 4:30 p.m.	4A Game 14 Winner	Sat (2-22) 5:20 p.m.	4A State Finals NW Qualifier
	4A Game 16 Winner		
Thurs (2-20) – 7:30 p.m.	4A Game 13 Winner		

Final 48 Championships

DATES: Feb. 25 – March 1

SITE: Birmingham Jefferson Convention Complex Arena

FORMAT: Four teams in each class (girls and boys regional tournament winners) in a single elimination bracket. Pairings are rotated each year.

ORGANIZATIONAL MEETING: The coach of each team advancing to the State Finals must attend the organizational meeting Sunday, Feb. 23, at noon at the Birmingham Sheraton Civic Center Hotel.

Each coach must bring a team roster and team picture or email a roster and team picture to State Finals Program Coordinator Dennis Victory at dv@dennisvictory.com. Emailed items must be received at dv@dennisvictory.com by Friday, Feb. 21.

Also, each coach must bring the team's scorebook and DVDs of the last two basketball games.

PRACTICE: No practice is allowed at the tournament site.

BALL: Wilson Wave.

BANDS: Pep bands are allowed.

ADMISSION: \$10 per day

MEDIA REQUESTS AND BROADCASTS: See Media link on the AHSAA website (www.ahsaa.com).

2014 Girls Final 48 Brackets

CLASS 1A

NW Qualifier

Tues (2-25) – 9:00 a.m.	S Qualifier	Fri (2-28) 9:00 a.m.
	NE Qualifier	
Tues (2-25) – 12 noon	C Qualifier	

CLASS 2A

NW Qualifier

Tues (2-25) – 3:00 p.m.	S Qualifier	Fri (2-28) 1:00 p.m.
	NE Qualifier	
Tues (2-25) – 6:00 p.m.	C Qualifier	

CLASS 3A

NW Qualifier

Thurs (2-27) – 3:00 p.m.	S Qualifier	Sat (3-1) 1:00 p.m.
	NE Qualifier	
Thurs (2-27) – 6:00 p.m.	C Qualifier	

CLASS 4A

NW Qualifier

Wed (2-26) – 3:00 p.m.	S Qualifier	Sat (3-1) 9:00 a.m.
	NE Qualifier	
Wed (2-26) – 6:00 p.m.	C Qualifier	

CLASS 5A

NW Qualifier

Thurs (2-27) – 9:00 a.m.	S Qualifier	Sat (3-1) 5:00 p.m.
	NE Qualifier	
Thurs (2-27) – 12 noon	C Qualifier	

CLASS 6A

NW Qualifier

Wed (2-26) – 9:00 a.m.	S Qualifier	Fri (2-28) 5:00 p.m.
	NE Qualifier	
Wed (2-26) – 12 noon	C Qualifier	

2014 Boys Final 48 Brackets

CLASS 1A

NW Qualifier

Tues (2-25) – 10:30 a.m.	S Qualifier	Fri (2-28) 11:00 a.m.
	NE Qualifier	
Tues (2-25) – 1:30 p.m.	C Qualifier	

CLASS 2A

NW Qualifier

Tues (2-25) – 4:30 p.m.	S Qualifier	Fri (2-28) 3:00 p.m.
	NE Qualifier	
Tues (2-25) – 7:30 p.m.	C Qualifier	

CLASS 3A

NW Qualifier

Thurs (2-27) – 4:30 p.m.	S Qualifier	Sat (3-1) 3:00 p.m.
	NE Qualifier	
Thurs (2-27) – 7:30 p.m.	C Qualifier	

CLASS 4A

NW Qualifier

Wed (2-26) – 4:30 p.m.	S Qualifier	Sat (3-1) 11:00 a.m.
	NE Qualifier	
Wed (2-26) – 7:30 p.m.	C Qualifier	

CLASS 5A

NW Qualifier

Thurs (2-27) – 10:30 a.m.	S Qualifier	Sat (3-1) 7:00 p.m.
	NE Qualifier	
Thurs (2-27) – 1:30 p.m.	C Qualifier	

CLASS 6A

NW Qualifier

Wed (2-26) – 10:30 a.m.	S Qualifier	Fri (2-28) 7:00 p.m.
	NE Qualifier	
Wed (2-26) – 1:30 p.m.	C Qualifier	

A stylized, grayscale illustration of a wrestler's face and upper body. The image is composed of various shades of gray, black, and white, creating a layered, almost 3D effect. The wrestler's face is the central focus, with a determined expression. The background features curved, overlapping bands of gray, suggesting motion or a wrestling ring. The overall style is graphic and modern.

WRESTLING

Coaches Wrestling Committee
(Listed By Districts)

(1) None. (2) None. (3) Craig Duncan, Saint James. (4) Nick Tucker, Auburn. (5) Mark Snider, Hewitt-Trussville. (6) Matt Hicks, St. Clair County; Bi-District – Montarius Adams, Oxford. (7) Jay Lockett, Deshler. (8) Michael Pruitt, Arab.

The Championship Program

First Practice—Oct. 28 First Contest—Nov. 18

Online Requirements For All Sports

POSTING SCHEDULES

Schools must post season schedules on the AHSAA website in the Members' Area by the deadline dates listed below. Failure to do so could result in a fine assessed to the school. Schools may go online and make any changes immediately as they occur.

Deadlines for posting schedules:

April 1 — fall sports (football only)

June 2 — fall sports (volleyball, cross country, swimming & diving)

Sept. 16 — winter sports (basketball, indoor track) (wrestling – see item 3 below)

Jan. 15 — spring sports (baseball, softball, outdoor track, soccer, golf, tennis)

POSTING ROSTERS

Schools are required to post team rosters prior to its first contest of the season.

POSTING SCORES

Schools are also required to post scores of contests online immediately following all contests in the regular season (and within 24 hours after regular season tournaments) and in the playoffs or be subject to a fine.

In the post-season playoffs, failure to report scores immediately after a contest will subject the school to a fine.

1. The wrestling program has competition in three divisions: 1A-2A-3A-4A, 5A and 6A. Each division has two **super section** qualifying meets and a state meet. All state tournament participants must qualify in a section tournament.
2. Each high school is limited to 14 regular season playing dates (for dual, tri- and quad matches) plus weekend tournaments. All tournaments must be held prior to the section and state tournaments and must be held on weekends with no loss of school time. Tournaments are not counted as playing dates.
Junior high/middle schools are limited to 8 regular season playing dates plus weekend tournaments. All tournaments must be held on weekends with no loss of school time.
Note: A tournament, an organized sport competition that uses elimination and/or round-robin formats, must be sanctioned and determine a champion. It is usually played at one site.
3. All coaches must enter their schedules into Trackwrestling, which can be accessed by logging into the Optimal Performance Calculator (OPC) and clicking the link to enter the team's schedule and results.
In order to get their NWCA Optimal Performance access codes, coaches must first register. To register, coaches must go online at www.nwcaonline.com or call the NWCA office at 717-653-8009.

All of the schedules will be in Trackwrestling.com for the start of the season so coaches can utilize the live scoring component. Coaches will be able to access the scoring component by logging into the OPC at the start of the season (probably well before).

4. All participants must be eligible under AHSAA rules.
5. All matches will be conducted under National Federation rules, including the conduct rules for participants. The conduct of coaches falls under the AHSAA Ejection Rule.
6. High school competition will be divided into 14 weight classes as follows (in pounds): 106, 113, 120, 126, 132, 138, 145, 152, 160, 170, 182, 195, 220 and 285.
Junior high/middle school weight classes are: 75, 85, 95, 103, 112, 119, 125, 130, 135, 145, 155, 165, 175 and heavyweight.

Weight Certification Program

During the 2013-14 school year all schools with wrestling programs must follow the provisions of the weight certification program established by the Association for all wrestlers competing in varsity and junior varsity programs as mandated by the NFHS. The results of this process will be binding towards the eligibility of all wrestlers. Any school failing to follow the required provisions adopted by the AHSAA will be subject to penalty, including a fine or probation or both.

The establishment of a minimum wrestling weight based on 7% body fat for males and 12% for females will be mandatory for all high school wrestlers. The AHSAA does not advocate that a wrestler's established minimum weight is the athlete's best weight, but simply the minimum weight at which the athlete will be allowed to compete.

Note: Any junior high/middle school wrestler that participates in high school varsity and junior varsity programs must follow the guidelines of the Weight Certification Program.

I. ESTABLISHING MINIMUM WEIGHTS

- A. Bioelectrical impedance (BIA) measurements will be utilized to determine each wrestler's body fat percentage. They will be taken using the Tanita TBF-300W Body Composition Analyzer.

If the Tanita gives an "Error" reading for a wrestler on two consecutive readings, then skin fold measurements will be used to determine body fat percentage at that time. Lange calipers shall be used at three specific sites to measure skin fold (Lohman sites, Abdominal, Tricep, and Subscapularis).

- B. The BIA measurements will be preceded by hydration assessment. A wrestler must pass a specific gravity assessment with less than or equal to 1.025. If the wrestler fails the specific gravity assessment with greater than 1.025, the wrestler must rehydrate and wait at least 48 hours to retest. Digital fiberoptic refractometers shall be used to determine hydration.

Provided the wrestler passes the hydration test, the results of his/her body composition assessment will be entered into the NWCA weight certification internet calculator on the Initial Assessment Page of the NWCA website (www.nwcaonline.com). The internet calculator will automatically determine the wrestler's minimum competitive weight based on the parameters in I.A. above.

- C. Once a wrestler passes the hydration assessment at the site, the measurement process has begun. If a wrestler is removed at any point during this process after the hydration assessment is done, the wrestler's only option to complete the assessment process is via the appeal process. **A one pound clothes allowance will be configured in with the Tanita Scale measurement so that the wrestler shall wear a singlet during the process.**
- D. The lowest weight class in which a wrestler may compete will be determined as follows:
 - 1. If the predicted weight, at 7% body fat for males and 12% for females (less 2% of that predicted weight), is exactly that of one of the weight classes that shall be the wrestler's minimum weight class.
 - 2. If the predicted weight, at 7% body fat for males and 12% for females (less 2% of that predicted weight), falls between two weight classes, they must wrestle at the higher weight class.
 - 3. Any male or female wrestler whose body fat percentage at the time of measurement falls below 7% male/12% female may wrestle at the weight class where their predicted weight (less 2% of that predicted weight) places them.
- E. The deadline date of Feb. 3, 2014, determines if the wrestler will be able to reach his/her MWW. The deadline date minimum wrestling weight is calculated by using 1.5% of his/her body weight lost per week from the initial assessment to the deadline date. This MWW determined by the deadline date will only be used if it is higher than the MWW.

II. TIME PERIOD FOR BIA MEASUREMENTS

- A. Regardless of when a wrestler first participates in a practice session, he/she may not compete at the varsity or junior varsity level (exhibition matches) until his/her minimum weight has been determined and his/her name and data has been entered into the NWCA program.
- B. BIA measurements (including all appeals) must be conducted on or after Oct. 12 of this year and must be completed by Dec. 18, 2013. All eligible athletes or those becoming eligible at the semester break must meet this requirement. Any athlete failing to meet this requirement shall apply to the AHSAA Executive Director for acceptance on a case by case basis.
- C. The controlled weight loss starting date ("Alpha date") will be Saturday, Oct. 12 (The first practice date is Oct. 28).
- D. If BIA measurements are completed after the first official practice date, the "alpha date" will be the date BIA measurements are completed.

III. CONDUCTING MEASUREMENTS

Encore Rehabilitation Corporation has been approved to fill this need. The four testing dates with eight sites/locations below will also be listed on the AHSAA website (www.ahsaa.com).

Sites	Locations	Dates
Auburn	Auburn High School	November 2, 2013
Homewood	Homewood High School	November 2, 2013
Madison	Bob Jones High School	November 9, 2013
Trussville	Hewitt-Trussville H.S.	November 9, 2013
Montgomery	St. James School	November 16, 2013
Hoover	Hoover High School	November 16, 2013
Athens	Athens High School	November 23, 2013
Fultondale	Fultondale High School	November 23, 2013

Pre-scheduled time slots will be used at all of the locations listed above. A coach must contact Bridget Henderson of Encore Rehabilitation Corp. (256-784-5600 or 256-606-1222 prior to 8 p.m.) to schedule a time slot for his/her team. The times will begin at 9:00 a.m. and will be set up in half-hour intervals ending at 12 noon. (Ex: 9:00, 9:30, 10:00, 10:30, 11:00, 11:30). The complete team and coach shall arrive 30 minutes prior to its scheduled time slot in order to register. The coach must bring a complete listing of the athletes names along with the complete payment for the team's processing fees.

IV. GROWTH ALLOWANCE

A two-pound growth allowance shall be added to each weight class after Dec. 25. The weight classes remain the same for the purposes of the weight management program.

V. WEEKLY WEIGHT LOSS MONITORING (using the NWCA Optimal Performance Calculator (OPC))

All wrestlers will be limited to losing no more than 1.5% of their body weight per week as they make their descent toward their pre-determined minimum wrestling weight. The wrestler's assessment data which is entered into the NWCA OPC program generates an Individual Weight Loss Plan for each wrestler. (Please refer to the AL Coaches Instructions: How to view an Individual Weight Loss Plan). This rule will be monitored as follows:

- A. At each weigh-in during the season, each coach must present his/her team's pre-match weigh-in form for that date to the match/tournament host director/coach. The pre-match weigh in form proves the wrestler's eligible weight class for that date of competition. This form is created and printed using the NWCA OPC Program. (Please refer to the AL Coaches Instructions: Creating a Pre-Match Weigh in Form)
- B. Post-match, all coaches will be required to finish their previously created weigh-in form by entering/typing their wrestlers's actual weigh-in weights and saving them using the NWCA OPC Program. After each match the actual weigh-in

weights must be entered and saved prior to creating a new pre-match weigh-in form for your next competition date. (Please refer to the AL Coaches Instructions: Record Actual Weigh-in Weights Post-Match)

- C. It is required that this task is completed prior to a team's next competition date. The wrestler's actual weigh-in weight data entered into this screen will be public information. Failure to enter the wrestler's actual weigh-in weight post-match will result in a warning the first time. Any further violations will render all wrestlers ineligible to compete on the next day of competition.
- D. In the event that any wrestler exceeds the 1.5% weekly weight loss rule, an email will be generated directly to the AHSAA office and to the responsible school. Any wrestler's first violation of the weekly weight loss rule will receive a warning. If further violations occur by the same wrestler, he/she will not be permitted to compete in the next two competition dates.
- E. All Head Coaches of participating teams in dual meets and tournaments will be required to record their wrestler's actual weigh-in weights post-match to be eligible for the post season competition. All coaches will be required to present a pre-match weigh-in form at their Section Tournament Seeding Meeting showing their wrestler's eligibility. (Please refer to the AL Coaches Instructions: Creating a Pre-Match Weigh-in Form).

VI. APPEAL PROCESS

Any wrestler may appeal his/her body fat composition calculations. Results obtained at any step of the process are automatically accepted. The athlete has no choice. The steps of the appeal process are as follows:

A. First Appeal – A complete retest of a wrestler by the same certified measurer of first test (Encore). The First Appeal must be in writing to the State Office and signed by the coach and administrator. Included must be the athlete's name, date of measurement, and site of the First Appeal measurement. This must be done within 4 days of measurement after the results have been posted on the website. There is a \$25 charge for this appeal and payable to the measurer at time of retest. All appeals will be scheduled with Bridget Henderson of Encore Rehabilitation Corp. (256-784-5600 or 256-606-1222 prior to 8 p.m.) at either the Encore Decatur West Clinic or the next appropriate scheduled test site.

B. Second and Final Appeal

1. A complete retest of a wrestler by the same certified measurer of first appeal test (Encore). The Second Appeal must be in writing to the State Office and signed by the coach and administrator. Included must be athlete's name, date of measurement, and site of the First Appeal measurement. This must be done within 4 days of measurement after the results have been posted on the website. There is a \$30 charge for this appeal and payable to the measurer at time of retest. All appeals will be scheduled with Bridget Henderson of Encore Rehabilitation Corp. (256-784-5600 or 256-606-1222 prior to 8 p.m.) at the Encore Decatur West Clinic.

2. The Second and Final Appeal will be done with the results of this test being deemed final and completely binding.

VII. NUTRITION EDUCATION

Each school shall provide a nutrition education program for all wrestlers and parents. This should be done in a pre-season meeting of parents and student-athletes. In addition to information given out at the meeting, wrestlers and parents should receive an orientation on the functionality of the integrated nutrition component of the NWCA Weight Certification Internet Calculator Program. Once all of the assessment data is entered into the NWCA program, unique passwords will be automatically generated for each wrestler. This allows each wrestler to go home and build a customized diet that honors his/her weight loss plan.

VIII. COSTS

All member schools will be assessed a fee of \$30 payable to the NWCA in advance. In addition, \$20 per student-athlete will be assessed and made payable to Encore Rehabilitation Corporation in advance to help offset its costs. Retest fee (failed hydration) will be \$10 per student-athlete. To contact the NWCA for any reason, please call 717-653-8009. To contact Encore for any reason, please call 256-784-5600.

Wrestling Officials Fees

Regular Season:

High School Varsity (Dual Match) = \$55.00 per official per match
High School Varsity (Tri-Match) = \$115.00 per official per match
High School Varsity (Quad-Match) = \$190.00 per official per match
Junior Varsity (Dual Match) = \$50.00 per official per match
Junior Varsity (Tri-Match) = \$90.00 per official per match
Junior Varsity (7-9) (Quad-Match) = \$155.00 per official per match
Junior High (7-9) (Dual Match) = \$45.00 per official per match
Junior High (7-9) (Tri-Match) = \$85.00 per official per match
Junior High (7-9) (Quad-Match) = \$150.00 per official per match
Eight-Team Tournament = \$150.00 per official per match
Sixteen-Team Tournament = \$190.00 per official per match

Mileage Allowance = \$8.00 per official per day.

Mileage Allowance (Over 60 Miles) = \$10.00 per official per day.

Championship Playoffs:

The match fee per official for super sections will be \$200.00 plus the Mileage Allowance. The match fee per official for State will be \$220.00 plus the Mileage Allowance.

	2-Member Crew (Per Official Per Day)
Super section Mileage Allowance	\$15
State Finals Mileage Allowance	\$30

Super Section Alignment

Class 1A-4A

SOUTH

Alabama School of Blind
American Christian
Beauregard
Calera
Cleburne County
Elmore County
Fultondale
Holtville
Leeds
Lincoln
Montgomery Catholic
Oak Grove
Prattville Christian
Ranburne
St. Clair County
Saks
St. James
Tallassee
Walter Wellborn

NORTH

Alexandria
Ashville
Butler
Carbon Hill
Corner
Deshler
Dora
J.D. Johnson
Madison County
New Hope
Ohatchee
Oneonta
Parrish
J.B. Pennington
Piedmont
Pope John Paul II
Sumiton Christian
Susan Moore
Weaver
Westminster Christian
Wilson

Class 5A

SOUTH

Benjamin Russell
Brookwood
Center Point
Hayden
Homewood
McAdory
Moody
Mortimer Jordan
Pinson Valley
Russell County
Shelby County
Springville

NORTH

Arab
Athens
Columbia
Curry
East Limestone
Fort Payne
Hartselle
Lawrence Co.
Muscle Shoals
Scottsboro
Southside-Gadsden
Walker

Class 6A

SOUTH

Auburn
Carver-Montgomery
Central-Phenix City
Chelsea
Hillcrest-Tuscaloosa
Hoover
Huffman
Jeff Davis
Lee-Montgomery
Northridge
Oak Mountain
Opelika
Pelham
Prattville
Smiths Station
Spain Park
Stanhope Elmore
Thompson
Tuscaloosa County
Wetumpka

NORTH

Austin
Bob Jones
Buckhorn
Clay-Chalkville
Decatur
Gadsden City
Gardendale
Grissom
Hewitt-Trussville
Hueytown
Huntsville
James Clemens
Lee-Huntsville
Minor
Mountain Brook
Oxford
Pell City
Shades Valley
Sparkman
Vestavia Hills

Super Section Tournaments

DATE: Feb. 7-8, 2014

SITES: South Super Section Tournament – Multiplex at Cramton Bowl, Montgomery; North Super Section Tournament – Bill Harris Arena at the CrossPlex, Birmingham

ENTRY FEE: \$100 per team or \$20 per individual (payable to the AHSAA) must be submitted at the team sign-in table at the participants' entry gate PRIOR to a team's or individual's first match in the tournament.

TEAM PARTY: See item 15, page 56.

ADMISSION: \$8 per day

COACHES' RESPONSIBILITY: Email team roster and picture (digital) to state tournament program coordinator Dennis Victory at dv@dennisvictory.com.

Schedule

Thursday (February 6)

Officials Meeting

Times

7:00-8:00 p.m.

Friday (February 7)

Weigh-Ins

7:00-9:00 a.m.

Coaches Meeting

9:00-9:45 a.m.

Championship Round of 32 (6A only) (6 Mats)

10:00 a.m.

(Rolling Schedule)

Consolation Round One (6A only) (6 mats)

Championship Round of 16 (6A, 5A, 4A-1A) (6 mats)

Consolation Round Two (6A only) (6 mats)

Consolation Round Three (6A) /One (5A, 4A-1A) (6 mats)

Championship Round of 8 (6A, 5A, 4A-1A)

** Breaks will be taken when appropriate.*

Saturday (February 8)

Times

Weigh-Ins

7:00-9:00 a.m.

Consolation Round Four (6A) /Two (5A, 4A-1A)
(6 mats)

9:30 a.m.

(Rolling Schedule)

Championship Round of 4 (6A, 5A, 4A-1A) (6 mats)

Consolation Round Quarters Finals (6A, 5A, 4A-1A) (6 mats)

Consolation Round Semis Finals (6A, 5A, 4A-1A) (6 mats)

5th/6th Places, 7th/8th Places (6A only) (6 mats)

Finals and Consolation Finals (6A, 5A, 4A-1A) (6 mats)

** Breaks will be taken when appropriate.*

1. The brackets for each **super section** tournament will be seeded by the criteria listed below using the NWCA Wrestling program.
2. To be seeded, a wrestler must have **participated in nine (9) matches**, have a .500 record or have reached seeding criteria A, B or C.
Seeding criteria:
 - A. Head-to head
 - B. Common opponent (**in-state, in-class**)
 - C. Overall record (all matches)
3. If a seeded wrestler cannot compete for any reason, any wrestler(s) seeded lower will be moved up to fill in the bracket. No wrestler may move up a class after the brackets have been drawn.
Prior to the start of the **super section** meet, any wrestler submitted on the certification list may be used as a substitute in case of sickness or injury. If a substitute is used, the bracket for that weight class must be redrawn.
After submitting a **super section** entry, a substitution may be made only at the position where the injury or sickness occurs.
4. If a non-seeded wrestler cannot compete for any reason and no substitute is available, that place in the bracket becomes a bye and the bracket for that weight class must be redrawn.
5. Upon request, each coach must make available weigh-in charts, signed by a match official, for all wrestlers participating in the **super section** tournaments. Copies of score sheets may be used for dual meets and weigh-in charts can be used for tournaments.
6. If a weight class in any division of a **super section** meet has more than eight entries, the meet must be held over a two-day period since no wrestler may compete in more than five matches (championship or consolation) in any one day (Rule 1- 2-2).
7. Uniforms and weigh-in times will be in accordance with National Federation rules. Scheduled weigh-ins will be done by team by weight class. Weigh-in times will begin two hours prior to the first scheduled match of the tournament. Certified scales shall be used.
8. If a wrestler is disqualified during the **super section** tournament for flagrant or unsportsmanlike conduct, that wrestler is eliminated from the **super section** and state tournament, all super section points are lost and no alternate will be used in the state tournament.
9. Officials for super section tournaments will be assigned by the State Office.
10. The first four places in each weight class of Classes 1A-4A and 5A and the first 8 places in each weight class of Class 6A will be scored. (Note: No wrestler may participate in more than five matches in one day with a minimum of a 45-minute break between each match.) A forfeit counts as participation in a match.

11. In each Class 1A-4A and 5A **super section**, the top four finishers in each weight class will qualify for the state tournament in their division. In each Class 6A **super section**, the top eight finishers in each weight class will qualify for the state tournament in their division. No alternates need to be determined.
12. An entry fee of \$100 per team and \$20 for an individual shall be assessed to meet expenses of the **super section** tournament.
13. **Super section** tournament admission is \$8 per session.
14. Two coaches in a corner. Wrestlers will not be allowed to sit in the corner. No one will be sitting “matside” with the exception of cheerleaders or newspaper personnel/photographers. Cheerleaders are to sit on sides of mats as to not obstruct view from the bleachers.
15. Participating wrestlers and coaches, one manager per team and one scorer per team will be admitted through the Pass Gate. All other coaches, principals, superintendents and their spouses will be admitted upon presentation of proper professional cards honored by the AHSAA. A maximum of 12 varsity cheerleaders (in uniform) will be admitted for the sessions in which their team is participating.

State Tournament

DATE: Feb. 13–15

SITE: Huntsville—Von Braun Center

DIRECTOR: Ralph Stone

Phone: 256-427-6749. Fax: 256-427-6757

Email: ralph.stone@huntsvilleal.gov

ADMISSION: \$10 per day

TEAM ADMISSION: All members of a participating team (qualifiers and non-qualifiers) will be admitted through the Pass Gate. A qualifying team that does not compete in the state tournament until the second day may be admitted as a team on the first day of competition.

MEDIA REQUESTS AND BROADCASTS: See Media link on the AHSAA website (www.ahsaa.com).

DIVISIONS: 1A-4A, 5A, 6A

SCHEDULE:

Thursday (February 13)

10:00 a.m.	Officials Meeting
11:00 a.m.	Coaches Meeting (6A)
11:30 p.m. – 12:30 p.m.	Class 6A Weigh-In (shoulder-to-shoulder)
1:00 p.m. – 3:00 p.m.	Class 6A Prelims
3:00 p.m. – 3:30 p.m.	Break

3:30 p.m. – 4:45 p.m. Class 6A Consolation Round 1 (6 mats)
4:45 p.m. – 5:00 p.m. Break
5:00 p.m. – 6:15 p.m. Class 6A Quarter-Finals (6 mats)

Friday (February 14)

8:00 a.m. Coaches Meeting (1A-4A, 5A)
8:00 a.m. – 9:00 a.m. Weigh-In (all classes, shoulder-to-shoulder)
9:30 a.m. – 12:30 p.m. Class 6A Consolation Round 2
Class 5A Quarter-Finals
Class 1A-4A Quarter-Finals
Break
12:30 p.m. – 1:00 p.m. Championship Semi-Finals (all classes)
1:00 p.m. – 3:00 p.m. Break
3:00 p.m. – 3:30 p.m. Consolation Quarter-Finals (all classes)
3:30 p.m. – 5:15 p.m. Break
5:15 p.m. – 5:45 p.m. Consolation Semi-Finals (all classes)
5:45 p.m. – 7:15 p.m.

Saturday (February 15)

8:00 a.m. – 8:45 a.m. Weigh-In (shoulder-to-shoulder)
9:00 a.m. – 10:30 a.m. Consolation Finals
Class 6A 5th-6th Place Round
Break
10:30 a.m. – 11:30 a.m. Championship Finals (3 mats – one mat per division)
11:30 a.m. – 3:15 p.m.

RULES: The tournament will be governed by AHSAA and National Federation rules.

UNIFORMS: In accordance with Rule 4-1 of the National Federation rules.

COACHES MEETINGS: Feb. 13 (Class 6A) and Feb. 14 (Classes 1A-4A and 5A) at the site

ENTRY DEADLINE: Deadline for scratching any qualifiers is 8 a.m. Wednesday, Feb. 12, and the state director must be notified. A State Meet Entry Form is NOT required from each school with a qualifier and MUST NOT BE FAXED OR MAILED to the State Director.

ENTRIES: In Class 1A-4A and 5A, four participants per weight class will qualify from each super section. In Class 6A, eight participants per weight class will qualify from each super section. If a qualifier is scratched prior to the deadline, the other qualifiers will remain in the positions earned at the super section meet.

FORMAT: In Class 1A-4A and 5A, the four qualifiers in each weight class from each super section will be placed in a pre-drawn bracket. In Class 6A, the top eight qualifiers from each super section will be placed in a pre-drawn bracket. Classes 1A-4A and 5A will use an eight-team, double elimination bracket. Brackets of all three divisions will use cross-bracketing in the consolation bracket.

No re-seeding will be done in the 1A-4A, 5A or 6A divisions at the state tournament.

SCORING: Top four places in each weight class in classes 1A-4A and 5A and top six places in class 6A.

ELIGIBILITY: Participants must be eligible under AHSAA rules.

OFFICIALS: Assigned by the State Office.

AWARDS:

- (a) Trophies to the team winner and runner-up in each division
- (b) Medals to first four places in each weight class plus 5th and 6th places in 6A
- (c) Plaques to the Most Valuable Wrestler, Best Match and Most Pins (Least pin time is criteria for breaking ties.)

Awards will be made at the conclusion of each championship final.

1. State qualifiers, two team coaches, one manager per team and one scorer per team will be admitted through the Skate Lobby entrance of the Von Braun Center. All non-qualifying wrestlers will be admitted through the Pass Gate located in the Main Lobby of the Von Braun Center Arena. All other coaches, principals, superintendents and their spouses will be admitted upon presentation of proper professional cards honored by the AHSAA.

A maximum of 12 cheerleaders (in uniform) will be admitted for the sessions in which their team is participating through the Pass Gate in the Main Lobby of the Von Braun Center Arena.

2. Weigh-ins with certified scales will be conducted each day of the tournament in accordance with National Federation Rules. The shoulder-to-shoulder weigh-ins will be conducted by class at designated times. All wrestlers must be present in the weigh-in area at their designated time.

3. If a qualifier fails to meet weight requirements, the qualifier will be forfeited out of the tournament and the first round opponent will receive forfeit points.

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INDOOR TRACK



Coaches Track Committee
(Listed By Districts)

(1) Pat Galle, UMS-Wright. (2) Eldrick Hill, Dothan; Bi-District—Phillip Jones, Charles Henderson. (3) TBA. (4) Glenn Copeland, Beauregard; Bi-District—Sabrina Milligan, Dadeville. (5) Devon Hind, Hoover. (6) Mark Mitchell, Piedmont; Bi-District – Ray Cargill, Southside-Gadsden. (7) Matt Noah, Muscle Shoals; James Phillips, Phillips. (8) Keith Wilemon, Falkville.

The Championship Program

First Practice—Nov. 15 First Contest—Dec. 6

Online Requirements For All Sports

POSTING SCHEDULES

Schools must post season schedules on the AHSAA website in the Members' Area by the deadline dates listed below. Failure to do so could result in a fine assessed to the school. Schools may go online and make any changes immediately as they occur.

Deadlines for posting schedules:

April 1 — fall sports (football only)

June 2 — fall sports (volleyball, cross country, swimming & diving)

Sept. 16 — winter sports (wrestling, basketball, indoor track)

Jan. 15 — spring sports (baseball, softball, outdoor track, soccer, golf, tennis)

POSTING ROSTERS

Schools are required to post team rosters prior to its first contest of the season.

POSTING SCORES

Schools are also required to post scores of contests online immediately following all contests in the regular season (and within 24 hours after regular season tournaments) and in the playoffs or be subject to a fine.

In the post-season playoffs, failure to report scores immediately after a contest will subject the school to a fine.

1. The indoor track program consists of three divisions for boys and three divisions for girls with competition in a state meet. Divisions are: 1A-2A-3A-4A, 5A and 6A. A student may compete in only one division during the same regular season or championship meet.
2. Each high school is limited to five meets, one of which must be during the holidays with no loss of school time prior to the state meet. All meets must be held on weekends with no loss of school time.
Each junior high/middle school is limited to three meets with no loss of school time prior to a season-ending invitational.
3. All participants must be eligible under AHSAA rules.
4. All meets will be conducted under National Federation rules.

5. Headwear-Jewelry-Electronics: The games committee may restrict the wearing of items that are worn in excess of the school-issued uniform allowed by Rule 3-2-4. Hats or sunglasses (except prescription sunglasses) are not permitted. A pole vault helmet is the only headwear permitted.

Jewelry, including wristbands and rubber bands, shall not be worn. A single watch may be worn around the wrist. Earrings covered with tape for any purpose may not be worn. Beads in the hair is considered jewelry and may not be worn.

Medical alert medals are not considered jewelry but should be visible. When the medal is attached to a bracelet or necklace made of metal or an unyielding material, it shall be taped to the body. When the medal is attached to a pliable material, it is not required to be taped to the body. Religious medals are not considered jewelry, but must be worn under the uniform and taped to the body.

Soft head band(s), ribbon(s) or soft pony tail holder(s) made of cloth, rubber or elastic materials may be worn. Unadorned devices such as bobby pins, barrettes and hair clips no longer than 2 inches may be worn.

Electronic devices, including cell phones, pods, cameras, two-way radios used for coaching purposes or for personal reasons, are not allowed in the competition area by coaches or athletes.

6. All AHSAA track and field rules will apply except where modified under Special Rules.
7. Competition is held in the following events:

1-4A, 5A, 6A

Boys

Long Jump
Shot Put
High Jump
Triple Jump
Pole Vault
60 m Dash
60 m HH
400 m Dash
800 m Run
1600 m Run
3200 m Run
4x200 m Relay
4x400 m Relay
4x800 m Relay

Girls

Long Jump
Shot Put
High Jump
Triple Jump
Pole Vault
60 m Dash
60 m LH
400 m Dash
800 m Run
1600 m Run
3200 m Run
4x200 m Relay
4x400 m Relay
4x800 m Relay

Special Rules

1. Coaches should not enter any student who has not practiced or trained in his/her event.
2. All competition will be conducted under National Federation Rules. A participant may not be entered in more than four events, excluding relays. A participant may not compete in more than four events, including relays.

In junior high and middle school competition, a participant may not compete in more than three events.
3. Coaches are not allowed on the arena floor. Athletes not participating must remain in the stands. The arena floor must remain clear of non-participants at all times.
4. Coaches shall inform their participants where and at what time each event is to be run. All divisions include separate competition for boys and girls.
5. Participants, including relay teams, shall report to the Clerk of Course 15 minutes before the race. The starter will not wait for late competitors in an event. Numbers must be worn by all running event participants. Relay teams must receive instructions before each race and the fourth runner will be given a number.
6. A 1 minute time limit will be enforced in all field events except the pole vault, which will have a 1½ minute time limit. At the beginning of competition, all vaulters will weigh-in and poles will be verified.
7. All events shall be run in the order scheduled.
8. The length of spikes is restricted to a maximum of 1/4 inch (pyramid only). Participants wearing longer spikes will be disqualified (by inspection). Needle spikes will not be allowed.
9. Starting blocks will be furnished. No other equipment may be used.
10. Only rubber shots may be used. Boys will throw the 12 lbs (5.443 kg) shot; girls the 8 lbs. 13 oz. (4.0 kg) shot.
11. Hurdles
 - (a) The boys (39") hurdles will be over 5 hurdles spaced as follows: 45' to the first hurdle, 30' between hurdles, and 15' from the last hurdle to the finish line.
 - (b) The girls (33") hurdles will be over 5 hurdles spaced as follows: 42'8" to first hurdle, 27'10" between hurdles, and 26' from the last hurdle to the finish line.
12. A pole vaulter's weight shall be at or below the manufacturer's pole rating, which shall be located above the hand-hold band. (See Rule 7-4-3).
13. Only verified indoor automatic times will be accepted for seeding purposes. Others will be accepted but will not be seeded. Relay splits may not be used.
14. Scoring is 10-8-6-5-4-3-2-1 for all individual events and relays.
15. No artificial noisemakers (radios, etc.) are allowed at section or state meets or in AHSAA-sanctioned meets. No radios will be permitted inside the arena during the State Meet.

Minimum Qualifying Standards

FIELD EVENTS

LONG JUMP

6A Girls – 14'	6A Boys – 18'6"
5A Girls – 12'6"	5A Boys – 17'
1A-4A Girls – 12'	1A-4A Boys – 16'

HIGH JUMP

6A Girls – 4'6"	6A Boys – 5'6"
5A Girls – 4'2"	5A Boys – 5'2"
1A-4A Girls – 4'2"	1A-4A Boys – 5'2"

TRIPLE JUMP

6A Girls – 28'	6A Boys – 37'
5A Girls – 28'	5A Boys – 36'
1A-4A Girls – 28'	1A-4A Boys – 35'

POLE VAULT

6A Girls – 8'	6A Boys – 11'
5A Girls – 7'	5A Boys – 9'
1A-4A Girls – 6'	1A-4A Boys – 8'6"

SHOT PUT

6A Girls – 26'	6A Boys – 37'
5A Girls – 23'	5A Boys – 35'
1A-4A Girls – 22'	1A-4A Boys – 30'

RUNNING EVENTS

60-METER DASH

6A Girls – 9.0	6A Boys – 7.8
5A Girls – 9.0	5A Boys – 8.2
1A-4A Girls – 9.0	1A-4A Boys – 8.2

400-METER DASH

6A Girls – 1:10.0	6A Boys – :55.0
5A Girls – 1:15.0	5A Boys – 1:00.0
1A-4A Girls – 1:15.0	1A-4A Boys – 1:00.0

800-METER RUN

6A Girls – 2:50	6A Boys – 2:20
5A Girls – 3:00	5A Boys – 2:30
1A-4A Girls – 3:00	1A-4A Boys – 2:30

1600-METER RUN

6A Girls – 6:30	6A Boys – 5:00
5A Girls – 6:45	5A Boys – 5:45
1A-4A Girls – 6:45	5A Boys – 5:45

3200-METER RUN

6A Girls – 13:30	6A Boys – 11:00
5A Girls – 14:30	5A Boys – 12:00
1A-4A Girls – 14:30	1A-4A Boys – 12:30

4X800-METER RELAY

6A Girls – 11:45	6A Boys – 9:45
5A Girls – 12:15	5A Boys – 10:45
1A-4A Girls – 12:30	1A-4A Boys – 10:30

60-METER LOW HURDLES

6A Girls – 11.50
5A Girls – 11.75
1-4A Girls – 12.00

60-METER HIGH HURDLES

6A Boys – 10.00
5A Boys – 10.50
1-4A Boys – 11.50

4x200-METER RELAY

6A Girls – 2:00	6A Boys – 1:40
5A Girls – 2:10	5A Boys – 1:45
1-4A Girls – 2:20	1A-4A Boys – 1:50

4x400-METER RELAY

6A Girls – 4:50	6A Boys – 3:55
5A Girls – 4:50	5A Boys – 3:55
1-4A Girls – 4:50	1A-4A Boys – 4:00

State Meet

DATE: Jan. 31–Feb. 1

SITE: Birmingham CrossPlex

MEET DIRECTOR: Houston Young, Gulf Shores
Phone: 334-413-4309 (cell)
Fax: 251-974-1094.
E-mail: Houston211@hotmail.com

MEET REFEREE: TBA

ENTRIES: A school may enter two participants in each individual event but only one relay team. A participant may not be entered in more than four events, excluding relays. A participant may not compete in more than four events, including relays.

ENTRY DEADLINE: Submit entries online at alabamarunners.com by midnight on Monday, Jan. 27, after which no entries will be accepted.

All substitutions, changes and scratches must be made by noon on Wednesday, Jan. 29, via email to Xpress Timing at xpress28@aol.com. No additions may be made.

The only changes and substitutions permitted at the meet will be those necessitated by verified sickness or injury and approved by the Jury of Appeals.

SEEDING: Based on times at regular season indoor performances at indoor meets. Times must meet the Minimum Qualifying Standards on page 64.

DIVISIONS: 1A-4A, 5A and 6A for boys and girls

PROTEST FEE: \$25

ADMISSION: \$10 per day

(Note: Non-participating coaches must have a valid 2013–14 coaches' card for admission. Only athletes listed as competitors will be allowed to enter the facility with their team as meet athletes. All coaches are subject to having their coaching credentials checked at championship events.)

OFFICIALS: An AHSAA-registered official is assigned to each event.

SHOT PUT GUIDELINE: Heavier warm-up shot puts may not be brought into the arena.

AWARDS: (a) Trophies to the team winner and runner-up in each division
(b) Medals to the first three places in each event

MEET SCHEDULE

Friday (Jan. 31)

8:00 a.m. Officials' Meeting

8:30 a.m. Coaches' Meeting

Track Events:

(Girls will run before boys in each event class except the hurdles)

10:00 a.m. 3200 m Run Finals* 1A-4A, 5A, 6A

1:35 p.m. 60 m Hurdles Semi-Finals (all girls lows then boys highs) 1A-4A, 5A, 6A

2:25 p.m. 60 m Dash Semi-Finals* 1A-4A, 5A, 6A

3:40 p.m. 800m Run Finals 1A-4A, 5A, 6A

5:05 p.m. 4x200 m Relay Finals 1A-4A, 5A, 6A

Field Events:

	<u>Long Jump</u>	<u>Shot Put</u>	<u>Pole Vault</u>	<u>Triple Jump</u>
10:00 a.m.	6A Boys	5A Girls	6A Girls	1A-4A Boys
10:00 a.m.			5A Boys	
12:30 p.m.		6A Boys	5A Girls	1A-4A Girls
12:30 p.m.			1A-4A Boys	
1:00 p.m.	5A Boys			
2:30 p.m.			6A Boys	6A Girls
2:30 p.m.			1A-4A Girls	
3:15 p.m.	1A-4A Girls	5A Boys		

Saturday (Feb. 1)

Track Events:

(Girls will run before boys in each class except the hurdles)

9:00 am 400 m Dash Finals 1A-4A, 5A, 6A

11:00 am 1600 m Run Finals* 1A-4A, 5A, 6A

1:00 pm 60 m Hurdles Finals (all girls lows then boys highs) 1A-4A, 5A, 6A

1:15 pm 60 m Dash Finals* 1A-4A, 5A, 6A

1:45 pm 4x800 m Relay Finals 1A-4A, 5A, 6A

4:15 pm 4x400 m Relay Finals 1A-4A, 5A, 6A

Field Events:

	<u>Long Jump</u>	<u>High Jump</u>	<u>Shot Put</u>	<u>Triple Jump</u>
9:00 am	6A Girls	6A Boys	1A-4A Boys	5A Girls
9:00 am		1A-4A Girls		
11:30 am			6A Girls	6A Boys
1:00 pm	1A-4A Boys			
2:00 pm		5A Boys	1A-4A Girls	
2:00 pm		5A Girls		
2:30 pm				5A Boys
4:00 pm		1A-4A Boys		
4:00 pm	5A Girls	6A Girls		

*After these running events, the track goes up or down before the next races (process takes approximately 20 minutes).

Note: The schedule above is tentative and subject to adjustment depending on the number of entries.

2013

SMTWTFSS	JANUARY	FEBRUARY	MARCH	1	2
1 2 3 4 5	1 2 3 4 5	1 2	3 4 5 6 7 8 9		
6 7 8 9 10 11 12	3 4 5 6 7 8 9	10 11 12 13 14 15 16			
13 14 15 16 17 18 19	10 11 12 13 14 15 16	17 18 19 20 21 22 23			
20 21 22 23 24 25 26	17 18 19 20 21 22 23	24 25 26 27 28 29 30			
27 28 29 30 31	24 25 26 27 28	31			

APRIL	MAY	JUNE	1
1 2 3 4 5 6	1 2 3 4	2 3 4 5 6 7 8	
7 8 9 10 11 12 13	5 6 7 8 9 10 11	9 10 11 12 13 14 15	
14 15 16 17 18 19 20	12 13 14 15 16 17 18	16 17 18 19 20 21 22	
21 22 23 24 25 26 27	19 20 21 22 23 24 25	23 24 25 26 27 28 29	
28 29 30	26 27 28 29 30 31	30	

JULY	AUGUST	SEPTEMBER
1 2 3 4 5 6	1 2 3	1 2 3 4 5 6 7
7 8 9 10 11 12 13	4 5 6 7 8 9 10	8 9 10 11 12 13 14
14 15 16 17 18 19 20	11 12 13 14 15 16 17	15 16 17 18 19 20 21
21 22 23 24 25 26 27	18 19 20 21 22 23 24	22 23 24 25 26 27 28
28 29 30 31	25 26 27 28 29 30 31	29 30

OCTOBER	NOVEMBER	DECEMBER
1 2 3 4 5	1 2	1 2 3 4 5 6 7
6 7 8 9 10 11 12	3 4 5 6 7 8 9	8 9 10 11 12 13 14
13 14 15 16 17 18 19	10 11 12 13 14 15 16	15 16 17 18 19 20 21
20 21 22 23 24 25 26	17 18 19 20 21 22 23	22 23 24 25 26 27 28
27 28 29 30 31	24 25 26 27 28 29 30	29 30 31

2014

SMTWTFSS	JANUARY	FEBRUARY	MARCH	1
1 2 3 4	1 2 3 4	1	2 3 4 5 6 7 8	
5 6 7 8 9 10 11	2 3 4 5 6 7 8	9 10 11 12 13 14 15		
12 13 14 15 16 17 18	9 10 11 12 13 14 15	16 17 18 19 20 21 22		
19 20 21 22 23 24 25	16 17 18 19 20 21 22	23 24 25 26 27 28 29		
26 27 28 29 30 31	23 24 25 26 27 28	30 31		

APRIL	MAY	JUNE
1 2 3 4 5	1 2 3	1 2 3 4 5 6 7
6 7 8 9 10 11 12	4 5 6 7 8 9 10	8 9 10 11 12 13 14
13 14 15 16 17 18 19	11 12 13 14 15 16 17	15 16 17 18 19 20 21
20 21 22 23 24 25 26	18 19 20 21 22 23 24	22 23 24 25 26 27 28
27 28 29 30	25 26 27 28 29 30 31	29 30

JULY	AUGUST	1	2	SEPTEMBER
1 2 3 4 5	3 4 5 6 7 8 9	1	2	3 4 5 6
6 7 8 9 10 11 12	10 11 12 13 14 15 16	7	8	9 10 11 12 13
13 14 15 16 17 18 19	17 18 19 20 21 22 23	14	15	16 17 18 19 20
20 21 22 23 24 25 26	24 25 26 27 28 29 30	21	22	23 24 25 26 27
27 28 29 30 31	31	28	29	30

OCTOBER	NOVEMBER	1	DECEMBER
1 2 3 4	2 3 4 5 6 7 8	1	2 3 4 5 6
5 6 7 8 9 10 11	9 10 11 12 13 14 15	7	8 9 10 11 12 13
12 13 14 15 16 17 18	16 17 18 19 20 21 22	14	15 16 17 18 19 20
19 20 21 22 23 24 25	23 24 25 26 27 28 29	21	22 23 24 25 26 27
26 27 28 29 30 31	30	28	29 30 31

2015

SMTWTFSS	JANUARY	FEBRUARY	MARCH	1	2
1 2 3	1 2 3	1 2 3 4 5 6 7			
4 5 6 7 8 9 10	8 9 10 11 12 13 14	15 16 17 18 19 20 21			
11 12 13 14 15 16 17	15 16 17 18 19 20 21	22 23 24 25 26 27 28			
18 19 20 21 22 23 24	22 23 24 25 26 27 28	29 30 31			
25 26 27 28 29 30 31					

APRIL	MAY	1	2	JUNE
1 2 3 4	3 4 5 6 7 8 9	1	2	3 4 5 6
5 6 7 8 9 10 11	10 11 12 13 14 15 16	7	8	9 10 11 12 13
12 13 14 15 16 17 18	17 18 19 20 21 22 23	14	15	16 17 18 19 20
19 20 21 22 23 24 25	24 25 26 27 28 29 30	21	22	23 24 25 26 27
26 27 28 29 30	31	28	29	30

JULY	AUGUST	1	SEPTEMBER
1 2 3 4	2 3 4 5 6 7 8	1	2 3 4 5
5 6 7 8 9 10 11	9 10 11 12 13 14 15	6	7 8 9 10 11 12
12 13 14 15 16 17 18	16 17 18 19 20 21 22	13	14 15 16 17 18 19
19 20 21 22 23 24 25	23 24 25 26 27 28 29	20	21 22 23 24 25 26
26 27 28 29 30 31	30 31	27	28 29 30

OCTOBER	NOVEMBER	DECEMBER
1 2 3	1 2 3 4 5 6 7	1 2 3 4 5
4 5 6 7 8 9 10	8 9 10 11 12 13 14	6 7 8 9 10 11 12
11 12 13 14 15 16 17	15 16 17 18 19 20 21	13 14 15 16 17 18 19
18 19 20 21 22 23 24	22 23 24 25 26 27 28	20 21 22 23 24 25 26
25 26 27 28 29 30 31	29 30	27 28 29 30 31

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